

The Torrance Memorial IPA Difference

# Physician Directory

 TORRANCE MEMORIAL IPA

Multi-Specialty  
Physician Network

MY CHOICE  
MY DOCTOR  
MY SOUTH BAY



Visit [TorranceMemorialIPA.org/physiciandirectory](https://TorranceMemorialIPA.org/physiciandirectory) for our most current Physician Directory

# Torrance Memorial Medical Center and Urgent Care Locations



## When to go to the Emergency Room

If you have any of the following problems, call 911 or go to the nearest Emergency Department: chest pain, severe abdominal pain, weakness, multiple injuries, difficulty breathing, vomiting blood or severe burns.

### Torrance Memorial Medical Center

3330 Lomita Blvd.  
Torrance, CA 90505  
310-325-9110  
TorranceMemorial.org

## Our Urgent Care Centers treat

- Flu and cold
- Rashes
- Headaches
- Earaches
- Minor burns
- Minor eye injuries
- Sore throat
- Cuts and bites
- Urinary tract infections
- Vomiting and diarrhea
- Falls, sprains, strains and minor fractures

## Services available

- Lab results available in minutes
- On-site digital X-rays
- EKG (a simple, painless test that records the heart's electrical activity)
- Specialized eye exam for minor eye injuries
- Minor surgical procedures
- Full physical exam
- Referrals to on-site doctor or physician's assistant experienced in senior healthcare

## Urgent Care Centers

For urgent but not life-threatening medical needs when your primary care doctor's office is closed, you can visit our Urgent Care Centers. All of our physicians are either board certified or residency-trained in emergency medicine giving them the skills necessary to handle any urgent care medical problem. Many of our physicians have more than 10 years of experience working in the Emergency Department at Torrance Memorial Medical Center.

### Torrance Memorial Urgent Care Center locations

2900 Lomita Blvd.  
Torrance, CA 90505  
310-784-3740

Monday – Friday:  
9 am – 8 pm  
Saturday and Sunday:  
8 am – 6 pm

855 Manhattan Beach Blvd., Suite 101  
Manhattan Beach, CA 90266  
310-939-7873

Monday – Friday:  
4 pm – 9 pm  
Saturday and Sunday:  
8 am – 5 pm

2110 E. El Segundo Blvd., Suite 100  
El Segundo, CA 90245  
310-517-7010

Monday – Friday:  
9 am – 8 pm  
Saturday:  
8 am – 6 pm  
Sunday:  
Closed

# Contents

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Welcome to Torrance Memorial IPA .....	2
Contracted Health Plans.....	3
Member Self-Referral .....	4
Adult Primary Care Physicians.....	5
Pediatric Primary Care Physicians.....	19
Specialists.....	21
Pediatric Specialists .....	27
Patient Service Centers .....	29
Index .....	30
How to Select a Medicare Advantage Health Plan and Join Torrance Memorial IPA.....	34
How to Switch Your Medical Group to Torrance Memorial IPA.....	35

**Please note:**

This document is current as of the date printed on the doctor listing pages. This document may contain providers who have discontinued their relationship with Torrance Memorial IPA or may not include providers who have recently joined Torrance Memorial IPA. For the most current list of Torrance Memorial IPA doctors, please visit: [TorranceMemorialIPA.org/physiciandirectory](http://TorranceMemorialIPA.org/physiciandirectory).

**Important note:**

Some services may require prior authorization, and provision is subject to member benefits and health plan or CMS (Centers for Medicare & Medicaid Services) coverage criteria.

**Additional languages:**

Physicians who do not speak an additional language will not have an additional language listed.

# Welcome to Torrance Memorial IPA!

## Torrance Memorial Independent Physician Association

A nonprofit multi-specialty physician network and a division of Torrance Memorial Health System, that has been taking care of the South Bay for more than 35 years.

## Torrance Memorial IPA is not a health plan

Torrance Memorial IPA is not your insurance or health plan. We contract with major insurance companies that provide financial coverage for your medical care. As your "Medical Group" or "Physician Network," Torrance Memorial IPA provides the medical care covered by your health plan.



## Advantages of being a Torrance Memorial IPA member

-  Over 500 primary care physicians and specialists
-  Nationally recognized Torrance Memorial Medical Center
-  A nonprofit multispecialty physician network and a division of Torrance Memorial Health System, that has been taking care of the South Bay for more than 35 years
-  Convenient access to care: Torrance Memorial IPA is the only physician network in the South Bay offering direct access, or "member self-referral," to several select specialties within the network
-  Urgent Care Centers in Torrance, Manhattan Beach and El Segundo
-  Personal attention: located in our administrative office in Torrance, our member services team is the single point of contact for members, making it easier to get to the right care faster
-  Care Management at no cost: Torrance Memorial IPA nurses and social workers help members stay healthy and independent
-  40 percent discount for Medicare Advantage members on exercise classes offered by Torrance Memorial Medical Center
-  FREE health education classes
-  Convenient lab and digital X-ray\*  
\*Services available at select locations
-  Online patient portal\*  
\*Check with your primary care physician for availability



# Contracted Health Plans

Torrance Memorial IPA participates with most major insurance plans, including:

## Individual and Family Plans

blue  of california **trio** HMO

## Medicare and Duals

blue  california | Promise Health Plan  Health Net® 

## Employer Sponsored Group Plans

 Health Net®

blue  california | Promise Health Plan



**aetna**®  **Cigna**®

 Health Net®

**aetna**®

blue  of california **trio** HMO

**AARP** | MedicareComplete®  
insured through UnitedHealthcare

**Humana**®

 UnitedHealthcare®

**Vivity**  
offered by  
**Anthem**  
BlueCross 

**Anthem**   
BlueCross

blue  california

This is not a complete listing of Medicare Advantage plans available in your service area. For a complete listing, please contact 800-MEDICARE (TTY users should call 877-486-2048), 24 hours a day, 7 days a week or consult Medicare.gov. Each of these Medicare Advantage plans has a contract with Medicare to offer Medicare Advantage plans. Enrollment in one of these Medicare Advantage plans depends on contract renewal.

## Torrance Memorial IPA Member Services

### Help is always just one call away!

Located in our administrative office right here in the South Bay, our Member Services representatives are dedicated to helping members with all their customer service needs. You'll get personal attention, whether you need help finding a doctor, paying a bill, verifying eligibility or co-payment.

Having a single point of contact makes navigating the healthcare system and getting to the right care faster and simpler than ever.

Member Services:  
**310-257-7250, option 1**  
**Monday through Friday, 8:30 am – 5 pm**



# Member Self-Referral



## See a specialist without a referral!

Torrance Memorial IPA is the only medical group in the South Bay allowing HMO members to see a specialist in several select specialties within the network, without a referral from their primary care physicians.



**Cardiology**



**Gastroenterology**



**Pulmonology**



**Behavioral Health**



**OB/GYN**



**Urology**



**Dermatology**



**Podiatry**



**Ambulatory Care Management**

- A no-cost service offered by Torrance Memorial IPA with no additional premiums or deductibles
- The above is not a complete list of our specialties in the Torrance Memorial IPA network, only those in our Torrance Memorial IPA self-referral program. Torrance Memorial IPA has a network of more than 500 primary care and specialty physicians. See a complete list of Torrance Memorial IPA physicians at [TorranceMemorialIPA.org/physiciandirectory](https://TorranceMemorialIPA.org/physiciandirectory)
- Please note the self-referral benefit applies to the initial visit with the physician only, the physician will direct further treatment and/or tests
- All Torrance Memorial IPA doctors and providers in the above specialties are available for self-referral

### Not a member yet?

**Join Torrance Memorial IPA to enjoy our member self-referral!**  
310-257-7239 | TTY 711 | [TorranceMemorialIPA.org/learnmore](https://TorranceMemorialIPA.org/learnmore)

### Carson

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**Estrella A. Aguinaldo, MD**  
**Internal Medicine**  
23517 S. Main St., #104  
Carson, CA 90745  
Phone: 310-233-2555  
Fax: 310-233-2553  
*Accepting patients age 8 and over*  
Additional languages: Spanish, Tagalog  
Mon – Fri: 9 am – 6 pm



**Daniel E. Harvey, MD**  
**Family Medicine**  
824 E. Carson St., #206  
Carson, CA 90745  
Phone: 310-513-9361  
Fax: 310-513-9311  
*Accepting patients age 19 and over*  
Mon – Fri: 9 am – 5 pm



**Reza Ghanian, MD**  
**Internal Medicine**  
824 E. Carson St., #201  
Carson, CA 90745  
Phone: 310-233-3228  
Fax: 310-233-3229  
*Accepting patients age 16 and over*  
Additional languages: Farsi  
Mon – Fri: 8 – 11:30 am



**Krixie Silangcruz, MD**  
**Family Medicine**  
824 E Carson St., #101  
Carson, CA 90745  
Phone: 310-233-3203  
Fax: 310-549-7010  
Accepting New Patients  
Additional languages: Tagalog



**Carmen N. Gossette, MD**  
**Family Medicine**  
824 E. Carson St., #101  
Carson, CA 90745  
Phone: 310-233-3203  
Fax: 310-549-7010  
*Not accepting new patients*  
Additional languages: Spanish



**Ronald Siregar, MD**  
**Family Medicine**  
824 E Carson St., #101  
Carson, CA 90745  
Phone: 310-233-3203  
Fax: 310-549-7010  
Accepting New Patients  
Additional languages: Spanish

### El Segundo

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**Eugene Hardin, MD**  
**Internal Medicine**  
357 E. Carson St., #102  
Carson, CA 90745  
Phone: 310-518-2737  
Fax: 310-518-2060  
*Accepting patients age 16 and over*  
Mon: 10 am – 6 pm  
Tues: 10 am – 5 pm  
Thurs and Fri: 9 am – 5 pm



**Jason Alvarado, MD**  
**Family Medicine**  
2110 E. El Segundo Blvd., #200  
El Segundo, CA 90245  
Phone: 310-517-7030  
Fax: 310-893-0428  
*Accepting new patients*

# Primary Care Physicians

## El Segundo (Cont.)

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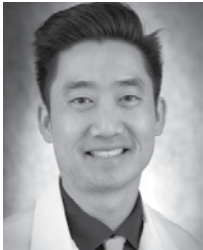
**Rumi Cader, MD**  
**Internal Medicine**  
2110 E. El Segundo Blvd., #200  
El Segundo, CA 90245  
Phone: 310-517-7030  
Fax: 310-893-0428  
*Accepting new patients*

## El Segundo (Cont.)

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**Shintau Lin, MD**  
**Family Medicine**  
2110 E. El Segundo Blvd., #200  
El Segundo, CA 90245  
Phone: 310-517-7030  
Fax: 310-893-0428  
*Accepting new patients*



**Rex Chang, MD**  
**Family Medicine**  
2110 E. El Segundo Blvd., #230  
El Segundo, CA 90245  
Phone: 310-517-7030  
Fax: 310-893-0428  
*Accepting new patients*



**Mona Madani, MD**  
**Family Medicine**  
2110 E. El Segundo Blvd., # 200  
El Segundo, CA 90245  
Phone: 310-517-7030  
Fax: 310-893-0428  
Mon – Fri: 8 am – 5 pm  
*Accepting new patients*



**W. Alexander Ellis, MD**  
**Family Medicine**  
2110 E. El Segundo Blvd., #230  
El Segundo, CA 90245  
Phone: 310-257-5741  
Fax: 310-909-7315  
*Accepting new patients*



**Matthew Mejia, MD**  
**Internal Medicine and  
Sports Medicine**  
2110 E. El Segundo Blvd., # 200  
El Segundo, CA 90245  
Phone: 310-517-7030  
Fax: 310-893-0428  
Mon – Fri: 8 am – 5 pm  
*Accepting new patients*

## Gardena

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**Leah Shapiro, MD**  
**Family Medicine**  
2110 E. El Segundo Blvd, #200  
El Segundo, CA 90245  
Phone: 310-517-7030  
Fax: 310-893-0428  
*Accepting new patients*



**Hoangvy Le, MD**  
**Family Medicine**  
15420 Crenshaw Blvd.,  
Gardena CA, 90249  
Phone: 310-324-5599  
Fax: 310-324-7550  
*Accepting new patients*  
Additional languages: Vietnamese



## Gardena (Cont.)

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**Adel S. Metry, MD**  
**Internal Medicine**

1141 W. Redondo Beach Blvd., #406  
Gardena, CA 90247  
Phone: 310-719-1653  
Fax: 310-719-1321  
*Accepting new patients*  
Additional languages: Spanish, Arabic  
Mon – Thurs: 9 am – 5 pm  
Fri: 9 am – 1 pm



**Shrikant Tamhane, DO**  
**Family Medicine**

1141 W Redondo Beach Blvd #306  
Gardena, CA 90247  
Phone: 310-834-5388  
Fax: 310-834-5619  
*Accepting patients age 8 and over*  
Additional languages: Gujarati, Hindi  
Mon – Fri: 9 am – 6 pm

## Hawthorne

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**Khalid B. Khan, MD**  
**Internal Medicine**

13425 Inglewood Ave.  
Hawthorne, CA 90250  
Phone: 310-679-2201  
Fax: 310-679-4236  
*Accepting new patients*  
Additional languages: Hindi, Urdu  
Mon, Tues, Wed, Fri: 8:30 am – 4:30 pm  
Thurs: 1:30 – 4:30 pm

## Hermosa Beach (Cont.)

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**Maliha Khan,**  
**Internal Medicine**

705 Pier Ave., #A  
Hermosa Beach, CA 90254  
Phone: 310-891-6708  
Fax: 310-374-4908  
*Accepting new patients*  
Additional languages: French, Hindi, and Urdu



**Nicole D. Lee, MD**  
**Family Medicine**

705 Pier Ave., #A  
Hermosa Beach, CA 90254  
Phone: 310-891-6708  
Fax: 310-374-4908  
*Not accepting new patients*  
Mon – Fri: 8 am – 5 pm

## Hermosa Beach

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**Sunil Hebbar, MD**  
**Family Medicine**

705 Pier Ave., #A  
Hermosa Beach, CA 90254  
Phone: 310-891-6708  
Fax: 310-374-4908  
Mon – Fri: 8 am – 5 pm  
*Not accepting new patients*

## Lawndale

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**Eric A. Enriquez, MD**  
**Family Medicine**

14623 Hawthorne Blvd., #202  
Lawndale, CA 90260  
Phone: 310-973-8863  
Fax: 310-973-1623  
*Accepting new patients*  
Additional languages: Spanish, Tagalog  
Mon – Fri: 9 am – 5 pm

# Primary Care Physicians

## Lomita

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**Frank An, MD**  
**Family Medicine**  
25043 Narbonne Ave.  
Lomita, CA 90717  
Phone: 310-373-8120  
Fax: 424-203-8980  
*Accepting new patients*  
Additional languages: Korean



**Marina Raikhel, MD**  
**Family Medicine**  
25043 Narbonne Ave.  
Lomita, CA 90717  
Phone: 310-373-8120  
Fax: 424-203-8980  
*Accepting patients age 5 and over*  
Additional languages: Spanish  
Mon – Fri: 8:30 am – 5 pm

## Manhattan Beach (Cont.)

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**Gene L. Hawkins, MD**  
**General Practice**  
855 Manhattan Beach Blvd., #201  
Manhattan Beach, CA 90266  
Phone: 310-939-7847  
Fax: 310-939-7878  
*Not accepting new patients*  
Mon – Fri: 7:30 am – 5 pm



**Elaine K. Jones, MD**  
**Internal Medicine and  
Geriatric Medicine**  
855 Manhattan Beach Blvd., #201  
Manhattan Beach, CA 90266  
Phone: 310-939-7847  
Fax: 310-939-7861  
*Not accepting new patients*  
Mon – Fri: 8 am – 5 pm

## Long Beach

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**Karen T. Dix, MD**  
**Family Medicine**  
911 E. San Antonio Dr., #1  
Long Beach, CA 90807  
Phone: 562-728-8700  
Fax: 562-728-5855  
*Accepting new patients*  
Additional languages: Spanish  
Mon: 9 am – 7:30 pm  
Tues – Fri: 9 am – 5:30 pm



**Mahsa Madani, MD**  
**Internal Medicine**  
855 Manhattan Beach Blvd #201  
Manhattan Beach, CA 90266  
Phone: 310-939-7847  
Fax: 310-939-7878  
*Accepting new patients*

## Manhattan Beach

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**Hardeep Chohan, MD**  
**Family Medicine**  
855 Manhattan Beach Blvd., # 102  
Manhattan Beach, CA 90266  
Phone: 310-939-7858  
Fax: 310-939-7842  
*Accepting new patients*  
Additional languages: Urdu, Hindi,  
Punjabi



**Ahad Shiraz, MD**  
**Family Medicine**  
855 Manhattan Beach Blvd., #201  
Manhattan Beach, CA 90266  
Phone: 310-939-7847  
Fax: 310-939-7870  
*Not accepting new patients*

## Manhattan Beach (Cont.)

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**Joshua Tarpley, MD**  
**Family Medicine**

855 Manhattan Beach Blvd., #201  
Manhattan Beach, CA 90266  
Phone: 310-939-7847  
Fax: 310-939-7861  
*Not accepting new patients*

## Rancho Palos Verdes

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**Alya Torna, MD**  
**Family Medicine**

29409 S. Western Ave.,  
Rancho Palos Verdes, CA 90275  
Phone: 310-891-6684  
*Accepting new patients*  
Additional languages: Russian

## Redondo Beach

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**Raju Wadhwa, MD**  
**Internal Medicine**

855 Manhattan Beach Blvd., #204  
Manhattan Beach, CA 90266  
Phone: 310-939-1892  
Fax: 310-939-1894  
*Accepting patients age 18 and over*  
Additional languages: Hindi  
Mon – Fri: 9 am – 5 pm



**Robert B. Hosseini, MD**  
**Family Medicine**

1728 S. Catalina Ave.,  
Redondo Beach, CA 90277  
Phone: 310-540-7200  
Fax: 310-540-5455  
*Accepting patients age 2 and over*  
Additional languages: Farsi, Spanish  
Mon, Tues, Wed, Fri: 8:15 am – 5 pm

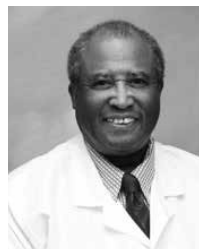
## Palos Verdes Estates

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**Marcos Y. C. Yang, MD**  
**Family Medicine**

310 Tejon Place  
Palos Verdes Estates, CA 90274  
Phone: 310-375-2403  
Fax: 310-375-9652  
*Accepting new patients*  
Additional languages: Mandarin, Portuguese  
Mon, Tues, Wed, Fri: 9 am – 5 pm  
Thurs: 9 am – Noon

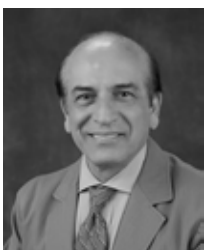


**Michael F. Robinson, MD**  
**Internal Medicine**

2850 Artesia Blvd., #105  
Redondo Beach, CA 90278  
Phone: 310-419-4303  
Fax: 310-419-4480  
*Accepting patients age 18 and over*  
Accepts all Torrance Memorial IPA  
Health Plans except HealthNet®

## Rolling Hills Estates

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**Sohail Davoudian, MD**  
**Internal Medicine**

1959 Kingsdale Ave.,  
Redondo Beach, CA 90278  
Phone: 310-214-1000  
Fax: 310-214-8540  
*Accepting new patients*  
Additional languages: Farsi



**Hiva Bastanmehr, MD**  
**Internal Medicine**

602 Deep Valley Dr., #300  
Rolling Hills Estates, CA 90274  
Phone: 310-517-4692  
Fax: 310-265-4780  
*Accepting new patients*

# Primary Care Physicians

## Rolling Hills Estates (Cont.)



**Kalpana Hool, MD**  
**Internal Medicine**  
602 Deep Valley Dr., #300  
Rolling Hills Estates, CA 90274  
Phone: 310-517-4692  
Fax: 310-265-4780  
*Accepting new patients*



**Lorena Layrisse Landaeta, MD**  
**Internal Medicine**  
602 Deep Valley Dr., #300  
Rolling Hills Estates, CA 90274  
Phone: 310-517-4692  
Fax: 310-265-4780  
*Accepting new patients*  
Mon-Fri: 8 am – 5 pm

## Torrance (Cont.)



**Sushila Agrawal, MD**  
**General Practice**  
3400 Lomita Blvd., #605  
Torrance, CA 90505  
Phone: 310-539-3303  
Fax: 310-539-2824  
*Accepting patients age 5 and over*  
Additional languages: Spanish, Hindi, Urdu  
Mon – Thurs: 9 am – 6 pm  
Fri: 8 am – 4:30 pm



**Khaja R. Ahmed, MD**  
**Internal Medicine**  
20911 Earl St., #380  
Torrance, CA 90503  
Phone: 424-390-4035  
Fax: 424-390-4107  
*Accepting patients age 16 and over*  
Additional languages: Hindi, Urdu

## San Pedro



**Stephen Marzban, MD**  
**Internal Medicine**  
2403 Moray Ave., #2B  
San Pedro, CA 90732  
Phone: 310-832-2694  
Fax: 310-547-0140  
*Accepting patients age 2 and over*  
Additional languages: Farsi  
Mon, Tues, Thurs: 9 am – 5 pm  
Wed and Fri: 9 am – 3 pm



**Modupe A. Aiyegbusi, MD**  
**Family Medicine**  
3661 Torrance Blvd., #103  
Torrance, CA 90503  
Phone: 310-540-7240  
Fax: 310-540-7280  
*Accepting new patients*  
Additional languages: Yoruba  
Mon – Fri: 9 am – 5 pm  
Closed for lunch: 1 – 2 pm

## Torrance



**Ludmila W. Afonicheva, MD**  
**Family Medicine**  
23639 Hawthorne Blvd., #200  
Torrance, CA 90505  
Phone: 310-373-6464  
Fax: 310-373-6467  
*Accepting new patients 5 and up*  
Additional languages: Russian  
Mon – Fri: 9 am – 5 pm



**Nicole Alexander-Spencer, MD**  
**Family Medicine**  
3333 Skypark Dr., #100  
Torrance, CA 90505  
Phone: 310-784-6300  
Fax: 310-891-6758  
*Not accepting new patients*

## Torrance (Cont.)



**Paul J. Brown, MD**  
**Internal Medicine**  
3333 Skypark Dr., #160  
Torrance, CA 90505  
Phone: 310-517-9006  
Fax: 855-673-7160  
*Not accepting new patients*  
Additional languages: Spanish  
Mon – Fri: 8 am – 5 pm



**Derek Browne, DO**  
**Family Medicine**  
2841 Lomita Blvd., #315  
Torrance, CA 90505  
Phone: 310-257-5730  
*Accepting new patients*



**Richard M. Butlig, MD**  
**Internal Medicine**  
1727 Crenshaw Blvd.  
Torrance, CA 90501  
Phone: 310-373-7855  
Fax: 424-704-2493  
*Not accepting new patients*  
Additional languages: Spanish, Tagalog



**Anthony J. Chen, MD**  
**Family Medicine**  
2841 Lomita Blvd. #315  
Torrance, CA 90505  
Phone: 310-257-5730  
Fax: 310-539-1322  
*Not accepting new patients*  
Additional languages: Spanish,  
Taiwanese, Mandarin  
Mon – Fri: 8 am – 5 pm  
Closed for lunch: Noon – 1 pm

## Torrance (Cont.)



**Zareen S. Choudhury, MD**  
**Family Medicine**  
3701 Skypark Dr., #100  
Torrance, CA 90505  
Phone: 310-378-2234  
Fax: 310-378-9795  
*Accepting new patients*



**Sushan Joshi, MD**  
**Internal Medicine**  
3701 Skypark Dr., #100  
Torrance, CA 90505  
Phone: 310-378-2234  
Fax: 310-378-9795  
*Accepting new patients*  
Additional languages: Hindi



**Sara Kanamori, DO**  
**Internal Medicine**  
3400 Lomita Blvd., #104  
Torrance, CA 90505  
Phone: 310-784-8000  
Fax: 310-784-8000  
*Accepting new patients*  
Additional languages: Japanese



**Hameed A. Khan, MD**  
**General Practice**  
3655 W. Lomita Blvd., #421  
Torrance, CA 90505  
Phone: 310-540-5464  
Fax: 310-540-4761  
*Accepting new patients*  
Additional languages: Spanish, Urdu  
Mon – Fri: 9 am – 6 pm  
Closed for lunch: 12:30 – 1:30 pm



# Primary Care Physicians

## Torrance (Cont.)



**Sadia Khan, MD**  
**Internal Medicine**  
3333 Skypark Dr., #160  
Torrance, CA 90505  
Phone: 310-517-9006  
Fax: 310-957-2413  
*Accepting new patients*



**Cho Rok Kim, MD**  
**Internal Medicine**  
3333 Skypark Dr., # 100  
Torrance, CA 90505  
Phone: 310-784-6300  
Fax: 310-891-6758  
*Accepting new patients*  
Additional languages: Korean



**Philip Kim, MD**  
**Internal Medicine**  
17507 Crenshaw Blvd.,  
Torrance, CA 90504  
Phone: 310-324-4443  
Fax: 310-324-7925  
*Accepting new patients*  
Additional languages: Korean and Spanish



**Justin Ko, DO**  
**Family Medicine**  
3400 Lomita Blvd# 104  
Torrance, CA 90505  
Phone: 310-784-8000  
Fax: 310-784-8008  
*Accepting new patients*  
Additional languages: Korean

## Torrance (Cont.)



**Anahid Kwiatkouski, DO**  
**Family Medicine**  
3640 Lomita Blvd., #200  
Torrance, CA 90505  
Phone: 310-944-9344  
Fax: 310-868-1600  
*Not accepting new patients*  
Additional languages: Farsi  
Mon – Fri: 9 am – 5 pm



**Nam Lai, MD**  
**Internal Medicine**  
3465 Torrance Blvd., #W  
Torrance, CA 90503  
Phone: 310-316-1502  
Fax: 310-316-1512  
*Not accepting new patients*  
*Not accepting SCAN patients*  
Additional languages: Vietnamese  
Mon, Tues, Thurs: 8 am – 5 pm  
Fri, Sat: 8 am – Noon



**Catherine Lawson, MD**  
**Internal Medicine**  
3701 Skypark Dr., #100  
Torrance, CA 90505  
Phone: 310-378-2234  
Fax: 310-378-9795  
*Accepting new patients*



**J. Raymond Li, MD**  
**Internal Medicine**  
3655 Lomita Blvd., #121  
Torrance, CA 90505  
Phone: 310-375-2256  
Fax: 310-375-2291  
*Accepting patients age 11 and over*  
Additional languages: Hakka, Cantonese, Taiwanese  
Mon, Wed, Fri: 8 am – Noon  
Tues, Thurs: 9 am – 5 pm  
Closed for lunch: Noon-2 pm

## Torrance (Cont.)



**Thomas Lin, MD**  
**Internal Medicine**

3655 Lomita Blvd., #101  
Torrance, CA 90503  
Phone: 310-543-1677  
Fax: 310-543-9838  
*Accepting patients age 14 and over*  
Additional languages: Japanese, Taiwanese, Mandarin  
Mon – Fri: 9 am – 5 pm  
Closed for lunch: Noon – 2 pm



**Betty Lo, MD**  
**Family Medicine**

3701 SkyPark Dr., #100  
Torrance, CA 90505  
Phone: 310-378-2234  
Fax: 310-378-9795  
*Accepting new patients*  
Additional languages: Mandarin



**Sarwat Mahmud, MD**  
**Internal Medicine**

2841 Lomita Blvd. #315  
Torrance, CA 90505  
Phone: 310-257-5730  
Fax: 310-539-1322  
*Not accepting new patients*  
Additional languages: Urdu



**Marcil M. Mamita, MD**  
**Internal Medicine (with special interest in Geriatric Medicine)**

3655 Lomita Blvd., #418  
Torrance, CA 90505  
Phone: 310-530-6900  
Fax: 310-530-6902  
*Accepting patients age 21 and over*  
Additional languages: Arabic, Spanish  
Mon – Fri: 9 am – 5 pm

## Torrance (Cont.)



**Soohan Mansuri, MD**  
**Family Medicine**

3640 Lomita Blvd #200  
Torrance, CA 90505  
Phone: 310-944-9344  
Fax: 310-868-1600  
*Accepting patients age 18 and over*  
Additional languages: Urdu



**Nima Moghadam, MD**  
**Internal Medicine**

3701 SkyPark Dr., #100  
Torrance, CA 90505  
Phone: 310-378-2234  
Fax: 310-378-9795  
*Accepting new patients*  
Additional languages: Farsi  
Mon – Fri: 8 am – 5 pm



**Parivash Mohamadi, MD**  
**Internal Medicine**

4305 Torrance Blvd., #500  
Torrance, CA 90503  
Phone: 310-370-5694  
Fax: 310-214-6671  
*Accepting patients age 18 and over*  
Additional languages: Spanish, French, Persian  
Mon – Fri: 9 am – 5 pm



**Azhar Muttalib, MD**  
**Internal Medicine**

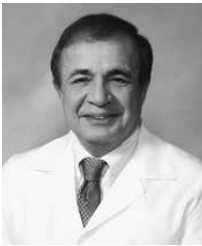
23639 Hawthorne Blvd., #102  
Torrance, CA 90505  
Phone: 310-373-9980  
Fax: 310-373-5556  
*Accepting new senior plan patients only*  
Additional languages: Urdu, Hindi

# Primary Care Physicians

## Torrance (Cont.)



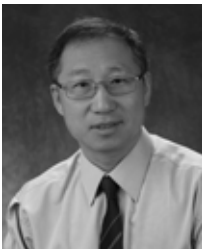
**Rehan Muttalib, MD**  
**Family Medicine**  
23639 Hawthorne Blvd., #102  
Torrance, CA 90505  
Phone: 310-373-9980  
Fax: 310-373-5556  
*Accepting new patients*  
Additional languages: Urdu, Spanish,  
Hindi  
Mon – Fri: 8 am – 4 pm



**Behzad Noorian, MD**  
**Internal Medicine**  
23000 Crenshaw Blvd., #203  
Torrance, CA 90505  
Phone: 310-325-4445  
Fax: 310-325-4409  
*Accepting patients age 16 and over*  
Additional languages: Farsi  
Mon, Fri: 9 am – 1 pm



**Meena Oberoi, MD**  
**Family Medicine**  
23639 Hawthorne Blvd., #102  
Torrance, CA 90505  
Phone: 310-373-9980  
Fax: 310-373-5556  
*Accepting patients age 8 and over*  
Additional languages: Hindi, Punjabi  
Mon – Fri: 10 am – 2 pm



**David Oh, MD**  
**Internal Medicine**  
4305 Torrance Blvd., #509  
Torrance, CA 90503  
Phone: 310-543-2977  
Fax: 310-746-4171  
*Not accepting new patients*  
Additional languages: Korean  
Mon – Fri: 9 am – 5 pm

## Torrance (Cont.)



**Karen Oh, DO**  
**Internal Medicine**  
23000 Crenshaw Blvd., #208  
Torrance, CA 90505  
Phone: 310-326-1147  
Fax: 310-326-1148  
*Not accepting new patients*  
Additional languages: Spanish  
Mon – Fri: 8:30 am – 5 pm



**Allen Pachtman, MD**  
**Internal Medicine**  
3400 Lomita Blvd. #500  
Torrance, CA 90505  
Phone: 310-784-4939  
Fax: 424-363-1686  
*Accepting new patients*

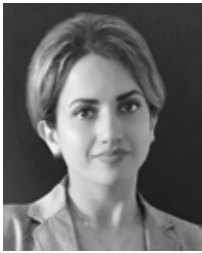


**Jennifer Park, MD**  
**Family Medicine**  
3701 Skypark Dr., #100  
Torrance, CA 90505  
Phone: 310-378-2234  
Fax: 310-378-9795  
*Not accepting new patients*



**Panteha Rezaeian, MD**  
**Family Medicine**  
3333 Skypark Dr., #100  
Torrance, CA 90505  
Phone: 310-784-6300  
Fax: 310-891-6758  
*Accepting new patients*

## Torrance (Cont.)



**Neda B. Rouhi, MD**  
**Internal Medicine**  
3333 Skypark Dr., #100  
Torrance, CA 90505  
Phone: (310)784-6300  
Fax: 310-891-6758  
*Accepting new patients*  
Additional languages: Farsi  
Mon – Fri: 8 am – 5 pm



**Norma M. Sarao, MD**  
**Internal Medicine**  
4305 Torrance Blvd., #305  
Torrance, CA 90503  
Phone: 310-371-2288  
Fax: 310-371-3349  
*Accepting patients age 16 and over*  
Additional languages: Tagalog, Spanish  
Mon – Fri: 9 am – 5 pm



**Tatyana Sarkisova, MD**  
**Family Medicine**  
3655 Lomita Blvd., #108  
Torrance, CA 90505  
Phone: 310-373-9768  
Fax: 310-373-9769  
*Accepting new patients*  
Additional languages: Russian



**Milena Shakhbazova, MD**  
**Family Medicine**  
3333 Skypark Dr., #100  
Torrance, CA 90505  
Phone: 310-784-6300  
Fax: 310-891-6758  
*Not accepting new patients*  
Additional languages: Russian  
Mon – Fri: 8 am – 5 pm

## Torrance (Cont.)



**Peter B. Shin, MD**  
**Family Medicine**  
23326 Hawthorne Blvd., #140  
Torrance, CA 90505  
Phone: 310-326-2161  
Fax: 310-534-5026  
*Accepting new patients*  
Additional languages: Korean



**Won Seok Shin, MD**  
**Family Medicine**  
3701 Skypark Dr., # 100  
Torrance, CA 90505  
Phone: 310-378-2234  
Fax: 310-378-9795  
*Accepting new patients*  
Additional languages: Korean



**Yusha I. Siddiqui, MD**  
**Internal Medicine**  
2841 Lomita Blvd., #315  
Torrance, CA 90505  
Phone: 310-257-5730  
Fax: 310-265-4780  
*Accepting new patients*



**David Stern, MD**  
**Family Medicine**  
3400 Lomita Blvd., #104  
Torrance, CA 90505  
Phone: 310-784-8000  
Fax: 310-784-8008  
*Not accepting new patients*  
Additional languages: Spanish  
Mon, Tues, Wed, Fri: 8:30 am – 3:30 pm

### Torrance (Cont.)



**Anhtuan Tong, MD**  
**Internal Medicine**

3584 Redondo Beach Blvd.  
Torrance, CA 90504  
Phone: 310-856-4944  
Fax: 310-856-4945

*Accepting patients age 8 and over*  
Additional languages: Vietnamese  
Mon, Tues, Thurs, Fri: 10 am – 5 pm  
Wed: 10 am – 2 pm



**Aaron Tran, MD**  
**Internal Medicine**

22910 Crenshaw Blvd #A  
Torrance, CA 90505  
310-294-9444  
Fax: 310-857-6789  
Additional languages: Vietnamese



**Quynh Chi Thuy Tran, MD**  
**Internal Medicine**

1727 Crenshaw Blvd.,  
Torrance, CA 90501  
Phone: 310-373-7855  
Fax: 424-704-2493  
*Accepting new patients*



**Gary Tsai, MD**  
**Family Medicine**

2900 Lomita Blvd.  
Torrance, CA 90505  
Phone: 310-257-7260  
Fax: 310-539-1322  
*Not accepting new patients*

### Torrance (Cont.)



**Chris M. Tsuneishi, MD**  
**Internal Medicine**

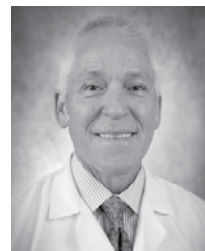
4201 Torrance Blvd., #360  
Torrance, CA 90503  
Phone: 310-543-1050  
Fax: 310-543-1049

*Accepting patients age 16 and over*  
Additional languages: Spanish, Japanese  
Mon – Fri: 9 am – 5 pm



**Maria Vollucci, DO**  
**Family Medicine**

2900 Lomita Blvd.  
Torrance, CA 90505  
Phone: 310-257-7260  
Fax: 310-539-1322  
*Accepting new patients*  
Mon – Fri: 8 am – 5 pm



**David Weiss, MD**  
**Internal Medicine**

3400 Lomita Blvd #500  
Torrance, CA 90505  
Phone: 310-784-4939  
Fax: 424-363-1686  
Additional languages: Spanish  
*Accepting new patients*



**Michael Yu, MD**  
**Family Medicine**

3333 Skypark Dr., #100  
Torrance, CA 90505  
Phone: 310-784-6300  
Fax: 310-891-6758  
*Not accepting new patients*  
Additional languages: Mandarin, Taiwanese



## Wilmington

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**Siman Homan, MD**  
**Internal Medicine**

1231 N. Avalon Blvd.  
Wilmington, CA 90744  
Phone: 310-835-7215  
Fax: 310-835-6520  
*Accepting new patients*  
Additional languages: Farsi  
Mon – Fri: 8 am – 5 pm

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Torrance, CA 90505  
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Fax: 424-866-8764

**Richard Brucker, MD**

2110 E. El Segundo Blvd., #210  
El Segundo, CA 90245  
Phone: 310-784-8704  
Fax: 310-893-0430

**Richard F. Cabrera, MD**

855 Manhattan Beach Blvd., #103  
Manhattan Beach, CA 90266  
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Fax: 310-939-7851

**Children's Medical Group****Katherine Henry, MD****Ly A. Nguyen, MD****Laura Sergis, MD**

3440 Lomita Blvd., #352  
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Fax: 310-539-0061

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23517 S. Main St., #101  
Carson, CA 90745  
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Fax: 310-549-3115

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20911 Earl St., #100  
Torrance, CA 90503  
Phone: 310-370-8001  
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3400 Lomita Blvd., #301  
Torrance, CA 90505  
Phone: 310-517-1188  
Fax: 310-943-6522

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1294 W. 6<sup>th</sup> St., #102  
San Pedro, CA 90731  
Phone: 310-832-6487  
Fax: 310-832-6913

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3400 Lomita Blvd., #203  
Torrance, CA 90505  
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Fax: 310-326-4672

**Erin Hamilton, MD**

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Torrance, CA 90505  
Phone: 310-326-8718  
Fax: 310-326-2551

**Hanaa Hanna, MD**

887 W. 9<sup>th</sup> St.  
San Pedro, CA 90731  
Phone: 310-547-0887  
Fax: 310-547-4296  
Accepting patients ages 0-21

**Angelica Juarez, MD**

3400 Lomita Blvd., #301  
Torrance, CA 90505  
Phone: 310-517-1188  
Fax: 310-943-6522

3400 Lomita Blvd., #203  
Torrance, CA 90505  
Phone: 310-326-4670  
Fax: 310-326-4672

**Mridula Kedia, MD**

4201 Torrance Blvd., #380  
Torrance, CA 90503  
Phone: 310-540-5676  
Fax: 310-543-3092

**Jisue Kim Coye, MD**

20911 Earl St., #100  
Torrance, CA 90503  
Phone: 310-370-7759  
Fax: 310-370-1590

**Lori R. Krieger, MD**

1360 W. 6<sup>th</sup> St., #300  
San Pedro, CA 90732  
Phone: 310-514-0838  
Fax: 310-514-0425

**Barbara Lee, MD**

824 E. Carson St., #202  
Carson, CA 90745  
Phone: 310-233-3209  
Fax: 310-233-3211

**Annette Liu, MD**

824 E. Carson St., #202  
Carson, CA 90745  
Phone: 310-233-3209  
Fax: 310-233-3211

**Teresa Miller, MD**

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El Segundo, CA 90505  
Phone: 310-784-8704  
Fax: 310-893-0430

**Lauren N. Nguyen, MD**

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Torrance, CA 90505  
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Fax: 310-539-0061

**Andrew Novom, MD**

1294 W. 6<sup>th</sup> St., #102  
San Pedro, CA 90731  
Phone: 310-832-6487  
Fax: 310-832-6913

**Grace Pyo, DO**

855 Manhattan Beach Blvd # 103  
Manhattan Beach, CA 90266  
Phone: 310-939-7850  
Fax: 310-939-7851

3400 Lomita Blvd., #203  
Torrance, CA 90505  
Phone: 310-326-4670  
Fax: 310-326-4672

**Kimberly Ramirez-Chan, MD**

20911 Earl St., #100  
Torrance, CA 90503  
Phone: 310-214-2213  
Fax: 310-370-1590

**Eva Rodriguez-Ellis, MD**

1403 Lomita Blvd., #305  
Harbor City, CA 90710  
Phone: 310-325-4344  
Fax: 310-325-0594

**Evangeline Roxas-Butlig, MD**

1727 Crenshaw Blvd.  
Torrance, CA 90501  
Phone: 310-373-7855  
Fax: 424-704-2493

1000 E. Dominguez St., #110  
Carson, CA 90746  
Phone: 310-715-7755  
Fax: 310-366-7711

**Emile Shenouda, MD**

4161 Redondo Beach Blvd., #100  
Lawndale, CA 90260  
Phone: 310-214-1407  
Fax: 310-214-1488  
*Accepting new patients*  
Additional languages: Korean

**Elaine Shoji, MD**

827 Deep Valley Dr., #102  
Rolling Hills Estates, CA 90274  
Phone: 310-541-8801  
Fax: 310-541-8703

**Rita Tenenbaum, MD**

705 Pier Ave., #C  
Hermosa Beach, CA 90254  
Phone: 310-406-0827  
Fax: 310-406-8378

**Lana Vasiljevic-Abelson, MD**

705 Pier Ave, #C  
Hermosa Beach, CA 90254  
Phone: 310-406-0827  
Fax: 310-406-8378

**Susy Yusung, MD**

855 Manhattan Beach Blvd., #103  
Manhattan Beach, CA 90266  
Phone: 310-939-7850  
Fax: 310-939-7851

## Acupuncture

*NOTE: Check with your health plan for benefits coverage*

### Yusuke Mori, LAC

36 Malaga Cove Plaza, #203  
Palos Verdes Estates,  
CA 90274  
Phone: 310-791-0437  
Fax: 323-289-8448

### Yun Jeong Choi, LAC

2040 Pacific Coast Hwy #R  
Lomita, CA 90717  
Phone: 310-257-9080  
Fax: 310-257-9078

## Allergy

### Dean T. Chiang, MD

3440 Lomita Blvd., #228  
Torrance, CA 90505  
Phone: 310-326-3371  
Fax: 310-326-2294

### Allan Singer, MD

3440 Lomita Blvd., #228  
Torrance, CA 90505  
Phone: 310-326-3371  
Fax: 310-326-2294

## Bariatric Surgery

### Association of South Bay Surgeons

#### Michael Li, MD

Houman Solomon, MD  
Aileen M. Takahashi, MD  
23451 Madison St., #340  
Torrance, CA 90505  
Phone: 310-373-6864  
Fax: 310-373-9547

## Behavioral Health Marriage & Family Counseling

\* Medicare Advantage Members Only

### Alina Añorga, LCSW

24520 Hawthorne Blvd., #116  
Torrance, CA 90505  
Phone: 310-378-0302  
Fax: 310-544-2411  
Additional languages: Spanish

### Jamie Gelbart, MFT

Phone: 310-257-5785  
*Telehealth Services Only*

### Bensen F. Ho, MFT

2790 Skypark Dr., #205  
Torrance, CA 90505  
Phone: 310-855-3990  
Fax: 424-276-7676

### Brandi M. Zamora, MFT

2790 Skypark Dr., #205  
Torrance, CA 90505  
Phone: 310-855-3990  
Fax: 424-276-7676

## Behavioral Health Psychiatry

\*Medicare Advantage Members Only

### Harold P. Ceasar, MD

3655 Lomita Blvd., #412  
Torrance, CA 90505  
Phone: 310-373-7989  
Fax: 310-373-0309  
*Not accepting new patients*

### Audrey Chen, MD

Vanessa Hernandez, MD  
3400 Lomita Blvd., #104  
Torrance, CA 90505  
Phone: 310-517-1262  
Fax: 310-517-1277

### Mindpath Health

#### Irina Addes, MD

#### Isabel Puri, MD

Robert Winston, MD  
3333 Skypark Dr., #220  
Torrance, CA 90505  
Phone: 310-257-5750  
Fax: 310-257-5753

### Pacific Pain & Wellness Group

#### Kartik Ananth, MD

#### Gelareh Solomon, PHD

Annie Nardella, MFT  
23150 Crenshaw Blvd., #100  
Torrance, CA 90505  
Phone: 310-437-7399  
Fax: 310-437-7398

### Kartik Ananth, MD

2809 N. Sepulveda Blvd #C  
Manhattan Beach, CA 90266  
Phone: 310-437-7399

### Regeneration Psychiatry

#### Tashlee Brown, PhD

#### Wenqi Feng, MD

#### Justin Key, MD

#### Arjun Kumar, MD

#### Jobert Poblete, MD

#### Stephanie Sabra MD

#### Brittany Tarrant MD

2512 Artesia Blvd. #320  
Redondo Beach, CA 90278  
Phone: 424-277-2899

### Thomas Willett, MD

4477 W. 118th St., #400  
Hawthorne, CA 90250  
Phone: 310-978-0884  
Fax: 310-978-1214

## Behavioral Health Psychology

\*Medicare Advantage Members Only

### Sandra Brown, PhD

3424 Carson St., #580  
Torrance, CA 90503  
Phone: 310-370-1173  
Fax: 310-542-9858

### Cristine Bruzzone, PsyD

### Daniel E. Bruzzone, PsyD

2790 Skypark Dr., #205  
Torrance, CA 90505  
Phone: 310-855-3990  
Fax: 424-276-7676

### Cristina Moldovan, PhD

### Ingrid Jacobs Hicks MFT

3400 Lomita Blvd, # 104  
Torrance, CA 90505  
Phone: 310-517-1262  
Fax: 310-517-1277

### Daniel Sherman, PhD

4216 Pacific Coast Hwy.  
# 1607  
Torrance, CA 90505  
Phone: 310-283-6938  
*Accepting New Patients*

### Diana M. Siguenza Lizarde, LCSW

3605 Long Beach Blvd., # 108A

Long Beach, CA 90801

Phone: 213-640-9256

Fax: 562-685-0459

### Crystal Quarry, PhD

225 Ave I #204,

Redondo Beach, CA 90277

Phone: 424-903-6520

Fax: 424-772-6993

## Cardiology

\*Self-referral for adults.  
Consults only.

### William K. Averill, MD

3400 Lomita Blvd., #603

Torrance, CA 90505

Phone: 310-326-5142

Fax: 310-326-3154

*Patients age 18 and over only*

### COR Healthcare

### Medical Associates

*Torrance location:*

#### Arash Aghel, MD

#### Salman Azam, MD

#### Gaurav Banka, MD

#### Brenton Bauer, MD

#### Eric Castleman, MD

#### Ankush Chhabra, MD

#### Michael Healy, MD

#### Wilson Kwan, MD

#### James Matchison, MD

#### Ram Reddy, MD

#### Ray Michael Wyman, MD

2841 Lomita Blvd., #100

Torrance, CA 90505

Phone: 310-257-0508

Fax: 310-325-8109

*Redondo Beach location:*

#### Bruce Jackson, MD

#### James Matchison, MD

520 N. Prospect Ave., #300

Redondo Beach, CA 90277

Phone: 310-372-1156

Fax: 310-372-6504

*San Pedro location:*

#### Arash Aghel, MD

1360 6th St., #315

San Pedro, CA 90732

Phone: 310-547-9922



## Cardiology (Cont.)

---

\*Self-referral for adults.  
Consult

**Emad Khaleeli, MD**  
4305 Torrance Blvd., #301  
Torrance, CA 90505  
Phone: 310-793-4327  
Fax: 310-793-4307  
*Patients age 18 and over only*

### Torrance Memorial Physician Network – South Bay Heart

**Nadia Jafar Curran, MD**  
**Wilson Kwan, MD**  
**Victoria Y. Shin, MD**  
2841 Lomita Blvd., #235  
Torrance, CA 90505  
Phone: 310-517-8950  
Fax: 310-326-6054  
*Patients age 18 and over only*

**Nadia Jafar Curran, MD**  
855 Manhattan Beach Blvd  
#101  
Manhattan Beach, CA  
90266  
Phone: 310-257-0505

*NOTE:* For children, see also  
Pediatric Cardiology

## Cardiothoracic Surgery

---

**Cardiothoracic Surgery Group**  
**John Stoneburner, MD**  
2841 Lomita Blvd., #310  
Torrance, CA 90505  
Phone: 310-784-6946  
Fax: 310-326-6005

## Chiropractic

---

*NOTE:* Check with your health  
plan for benefits coverage

**Dean H. Cummings, DC**  
2215 Torrance Blvd., # A  
Torrance, CA 90501  
Phone: 310-320-6250  
Fax: 310-320-6036

## Colon/Rectal Surgery

---

**Association of  
South Bay Surgeons**  
**David Koller, MD**  
**Catherine Madorin, MD**  
23451 Madison St., #340  
Torrance, CA 90505  
Phone: 310-373-6864  
Fax: 310-373-9547

## Dermatology

---

\*Self-referral for adults

**Clear Dermatology**  
**Melissa Camouse, DO**  
**Malcolm Ke, MD**  
**Lydia Kim, MD**  
**Dennis Nguyen, MD**  
23456 Hawthorne Blvd., #100  
Torrance, CA 90505  
Phone: 310-540-5272  
Fax: 310-540-5271

**CSI Medical Group**  
**Roy Blumenstrauch, MD**  
**Andrew Breithaupt, MD**  
**Julia Kwan, MD**  
4201 Torrance Blvd., #640  
Torrance, CA 90503  
Phone: 310-543-4444  
Fax: 310-543-4446

## Endocrinology

---

**Soubhi Bahna, MD**  
2841 Lomita Blvd #320  
Torrance, CA 90505  
Phone: 310-517-8952  
Fax: 310-517-9565

**Anshu Buttan, MD**  
2841 Lomita Blvd., #320  
Torrance, CA 90505  
Phone: 310-517-8952  
Fax: 310-517-9565

**Lauren E. Choi, MD**  
2841 Lomita Blvd., #320  
Torrance, CA 90505  
Phone: 310-517-8952  
Fax: 310-517-9565  
*Not accepting new patients*

**Hung P. Nguyen, MD**  
2841 Lomita Blvd., #320  
Torrance, CA 90505  
Phone: 310-517-8952  
Fax: 310-517-9565

**Cynthia Ro, MD**  
2841 Lomita Blvd., #320  
Torrance, CA 90505  
Phone: 310-517-8952  
Fax: 310-517-9565  
*Not accepting new patients*

## Electrophysiology

---

**Sang Yong Ji, MD**  
**Erol Kosar, MD**  
**Matthew Ostrom, MD**  
2841 Lomita Blvd., #100  
Torrance, CA 90505  
Phone: 310-257-0508  
Fax: 310-325-8109

**Gene Kim**  
2841 Lomita Blvd # 285  
Redondo Beach, CA 90277  
Phone: 310-257-0508

## Gastroenterology

---

\*Self-referral for adults

*NOTE:* For children, see also  
Pediatric Gastroenterology

**South Bay Gastroenterology  
Medical Group**  
**Daniel Cho, MD**  
**Jerome Cohen, MD**  
**Tonny Lee, MD**  
**Melissa Munsell, MD**  
**Minh Nguyen, MD**  
**Gloria Sze, MD**  
**Oren Zaidel, MD**  
23456 Hawthorne Blvd., #300  
Torrance, CA 90505  
Phone: 310-539-2055  
Fax: 310-539-0199  
*Patients age 18 and over only*

## General Surgery

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*NOTE:* For children, see also  
Pediatric Surgery

**Association of  
South Bay Surgeons**  
**Rashaan Ali-Jones, MD**  
**Neil H. Bhayani, MD**  
**James E. Camel, MD**  
**Melanie Friedlander, MD**  
**David Koller, MD**  
**Albert Lam, MD**  
**Roman Litwinski, MD**  
**Catherine Madorin, MD**  
**Sarah E. Pivo, MD**  
**Houman Saedi, MD**  
**Houman Solomon, MD**  
**Aileen M. Takahashi, MD**  
23451 Madison St., #340  
Torrance, CA 90505  
Phone: 310-373-6864  
Fax: 310-373-9547  
*Patients age 12 and over only*

## Gynecology Oncology

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**Fikret Atamdede, MD**  
23600 Telo Ave., #250  
Torrance, CA 90505  
Phone: 310-375-8446  
Fax: 310-375-8489

**Ramin Mirhashemi, MD**  
23600 Telo Ave., #250  
Torrance, CA 90505  
Phone: 310-375-8446  
Fax: 310-375-8489

**Morgan Taylor, MD**  
23600 Telo Ave., #250  
Torrance, CA 90505  
Phone: 310-375-8446  
Fax: 310-375-8489

## Hematology/ Oncology

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### Cancer Care Associates

**David Chan, MD**  
**Vanessa Dickey, MD**  
**Hugo Hool, MD**  
**Andrew G. Horodner, MD**  
**Syed Jilani, MD**  
**Thomas E. Lowe, MD**  
**Swati Sikaria, MD**  
**Justin Tiulim MD**  
 3285 Skypark Drive  
 Torrance, CA 90505  
 Phone: 310-750-3300  
 Fax: 310-325-1060

## Infectious Diseases

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*NOTE:* For children, see also  
 Pediatric Infectious Diseases

### Milefchik-Rand Medical Group

**Eriko Masuda, MD**  
**Eric N. Milefchik, MD**  
**David D. Rand, MD**  
**Jalali Ziba, MD**  
 2841 Lomita Blvd., #135  
 Torrance, CA 90505  
 Phone: 310-784-6954  
 Fax: 310-326-5679  
*Accepting patients age 18  
 and over*

## Infertility

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*NOTE:* Only OB/GYN may  
 refer to infertility consultants

**Omid Khorram, MD**  
 23550 Hawthorne Blvd., #210  
 Torrance, CA 90505  
 Phone: 310-378-7445  
 Fax: 310-378-7427

### Pacific Coast Reproductive Rifaat D. Salem, MD

3720 Lomita Blvd., #200  
 Torrance, CA 90505  
 Phone: 310-376-7000  
 Fax: 310-373-0319

### Innovative Infertility Group

**Joshua J. Berger, MD**  
 3500 N. Sepulveda  
 Blvd., #130  
 Manhattan Beach, CA 90266  
 Phone: 310-648-2229  
 Fax: 310-333-0666

## Maternal Fetal Medicine

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### Magella Medical Group, Inc.

**Kenneth Chan, MD**  
**Michael Nageotte, MD**  
 2888 Long Beach Blvd.,  
 #400  
 Long Beach, CA 90806  
 Phone: 562-997-8510  
 Fax: 562-933-1245

**Vikas Sachar, MD**  
 3440 Lomita Blvd., #440  
 Torrance, CA 90505  
 Phone: 424-250-9186  
 Fax: 323-345-6468

## Nephrology

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*NOTE:* For children, see also  
 Torrance Memorial IPA Utilization  
 Management

**Khaja R. Ahmed, MD**  
 20911 Earl St., #380  
 Torrance, CA 90503  
 Phone: 424-390-4035  
 Fax: 424-390-4107  
*Patients age 16 and over only*

### Internal Medicine & Nephrology Medical Group

**Philip Chung, MD**  
**Omer Khan, MD**  
**Edgar Musngi, MD**  
**Mahdi Yazdany, MD**  
 2841 Lomita Blvd., #215  
 Torrance, CA 90505  
 Phone: 310-379-2860  
 Fax: 310-325-1144  
*Patients age 15 and over only*

### Internal Medicine & Nephrology Medical Group

**Vinh T. Cam, MD**  
**Jonathan Sung, MD**  
**Ana Ortiz-Guerrero, MD**  
 3291 Skypark Drive  
 Torrance, CA 90505  
 Phone: 310-325-4517  
 Fax: 310-325-1144  
*Accepting patients age 15 and  
 over only*

**Steven Sawelson, MD**  
 20911 Earl St., #320  
 Torrance, CA 90503  
 Phone: 310-542-7997  
 Fax: 310-542-2607  
*Patients age 18 and over only*

**Wayne Tsang, MD**  
 2841 Lomita Blvd., #300  
 Torrance, CA 90505  
 Phone: 310-793-6677  
 Fax: 310-793-2321  
*Not accepting new patients*

## Neurology

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*NOTE:* For children, see also  
 Pediatric Neurology

**David Edelman, MD**  
 3435 Torrance Blvd.,  
 Torrance, CA 90503  
 Phone: 310-316-0021  
 Fax: 888-972-8903

**Richard S. Gluckman, MD**  
 1360 W. 6<sup>th</sup> St., #350  
 San Pedro, CA 90732  
 Phone: 310-832-6428  
 Fax: 310-832-5178  
*Not accepting new patients*

### Torrance Memorial Physician Network, Neurology

**Monquen Huang, MD**  
**Kevin Kapur, MD**  
**Jeffrey Kim, MD**  
**Jeannie Lee, MD**  
**Jie Pan, MD, PhD**  
**Ben Tseng, MD**  
 23560 Crenshaw Blvd., #101  
 Torrance, CA 90505  
 Phone: 310-517-7021  
 Fax: 310-784-1903  
*El Segundo Location*  
**Kevin Kapur, MD**  
 2110 E. El Segundo Blvd., #230  
 El Segundo, CA 90245  
 Phone: 310-257-5741  
 Fax: 310-909-7315

## Neurosurgery

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*NOTE:* For children, see also  
 Torrance Memorial IPA  
 Utilization Management

**George Hanna, MD**  
 23560 Crenshaw Blvd., #101  
 Torrance, CA 90505  
 Phone: 310-517-7021  
 Fax: 310-967-0601

**Vladimir Ljubimov, MD**  
 23560 Crenshaw Blvd., #101  
 Torrance, CA 90505  
 Phone: 310-517-7021  
 Fax: 310-784-1903

## Obstetrics/ Gynecology

\*Self-referral for adults. Consults and routine preventive services

### Zachary Abelson, MD

824 E Carson St., #203  
Carson, CA 90745  
Phone: 310-543-5448  
Fax: 310-316-5318

2841 Lomita Blvd., #200

Torrance, CA 90505  
Phone: 310-784-6822  
Fax: 310-517-9002

### Christine Djapri, MD

3440 Lomita Blvd., #427  
Torrance, CA 90505  
Phone: 310-325-9400  
Fax: 310-325-9406

### Soha Elgharib, MD

510 N. Prospect Ave., #320  
Redondo Beach, CA 90277  
Phone: 310-376-2716  
Fax: 310-374-9163

29409 S. Western Ave.,  
San Pedro, CA 90274  
Phone: 310-784-6848  
Fax: 310-514-4902

### Erica Flores, DO

824 E. Carson St., #203  
Carson, CA 90745  
Phone: 310-543-5448  
Fax: 310-316-5318

### Sunetris Fluellen, MD

2841 Lomita Blvd., #200  
Torrance, CA 90505  
Phone: 310-784-6822  
Fax: 424-212-5075

### Aviv Herzlich, MD

2110 E. El Segundo Blvd.,  
#220  
El Segundo, CA 90245  
Phone: 310-784-8745  
Fax: 310-893-0431

### Ricardo E. Huete, MD

824 E. Carson St., #203  
Carson, CA 90745  
Phone: 310-543-5448  
Fax: 310-316-5318

### Savannah Kimball, MD

2110 E. El Segundo Blvd.,  
#220  
El Segundo, CA 90245  
Phone: 310-784-8745  
Fax: 310-893-0431

2841 Lomita Blvd., #200  
Torrance, CA 90505  
Phone: 310-784-6822  
Fax: 310-517-9002

824 E Carson St., #203  
Carson, CA 90745  
Phone: 310-543-5448  
Fax: 310-316-5318

### Freya Marshall, MD

3400 Lomita Blvd., #602  
Torrance, CA 90505  
Phone: 310-326-5150  
Fax: 310-326-0762

### Frances McKindsey, MD

2110 E. El Segundo Blvd.,  
#220  
El Segundo, CA 90245  
Phone: 310-784-8745  
Fax: 310-893-0431

### Astrid Mendoza, DO

4201 Torrance Blvd., #780  
Torrance, CA 90503  
Phone: 310-543-2532  
Fax: 310-540-9707

### Beni Naghi, MD

3400 Lomita Blvd., #602  
Torrance, CA 90505  
Phone: 310-326-5150  
Fax: 310-326-0762

855 Manhattan Beach Blvd.,  
#209  
Manhattan Beach, CA 90266  
Phone: 310-939-1881  
Fax: 310-939-1882

### Megan Oakes, MD

2888 Long Beach Blvd.,  
#400  
Long Beach, CA 90806  
Phone: 562-997-8510  
Fax: 562-997-8520

### Meher Raza, DO

2110 E. El Segundo Blvd.,  
#220  
El Segundo, CA 90245  
Phone: 310-784-8745  
Fax: 310-893-0431

29409 S. Western Ave.,  
Rancho Palos Verdes, CA  
90275  
Phone: 310-784-6848  
Fax: 310-831-1228

### Hilda Elena Rodriguez, MD

3440 Lomita Blvd., #427  
Torrance, CA 90505  
Phone: 310-325-9400  
Fax: 310-325-9406  
\*Gynecology only

### Steven H. Rosenberg, MD

3400 Lomita Blvd., #400  
Torrance, CA 90505  
Phone: 310-539-4957  
Fax: 310-539-9175

### Cheryl Sanders, MD

510 N. Prospect Ave., #320  
Redondo Beach, CA 90277  
Phone: 310-376-2716  
Fax: 310-374-9163

29409 S. Western Ave.,  
San Pedro, CA 90274  
Phone: 310-784-6848  
Fax: 310-514-4902

### Barbara L. Schulz, MD

510 N. Prospect Ave., #320  
Redondo Beach, CA 90277  
Phone: 310-376-2716  
Fax: 310-374-9163

### Deepjot Singh, MD

3400 Lomita Blvd., #500  
Torrance, CA 90505  
Phone: 310-373-7900  
Fax: 310-373-7940

## Ophthalmology – Retinal Specialist

### Carson & Boswell, Inc., South Coast Retina Center Cindy Ung, MD

2601 Airport Dr., #210  
Torrance, CA 90505  
Phone: 310-534-2209  
Fax: 310-626-6440

#### Long Beach Location

**Yong S. Han, MD**  
4300 Long Beach Blvd., #300  
Long Beach, CA 90807  
Phone: 562-984-7024  
Fax: 562-984-9477

## Ophthalmology

NOTE: For children, see also  
Pediatric Ophthalmology

**Lydia Matkovich, MD**  
23600 Telo Ave., #210  
Torrance, CA 90505  
Phone: 310-626-8055  
Fax: 310-626-8058  
\*Glaucoma services only

### Wolstan & Goldberg Eye Associates

**Damien F. Goldberg, MD**  
**F. Jacob Khoubian, MD**  
**Valentina Lozano MD**  
**T. Mai Phan, MD**  
**Barry Wolstan, MD**  
23600 Telo Ave., #100  
Torrance, CA 90505  
Phone: 310-543-2611  
Fax: 310-543-2056

## Optometry

**Sheryl Bruce, MD**  
3858 W. Carson St., #110  
Torrance, CA 90503  
Phone: 310-792-6200  
Fax: 310-792-6223

**Deborah Geering-Fend, OD**  
3858 W. Carson St., #110  
Torrance, CA 90503  
Phone: 310-792-6200  
Fax: 310-792-6223

**Susan Kaspian, OD**  
1735 Pacific Coast Highway  
Lomita, CA 90717  
Phone: 310-325-0986  
Fax: 310-325-0790

### Wolstan & Goldberg Eye Associates

**Isabel Duong, OD**  
**Cindy T. Wilde, OD**  
23600 Telo Ave., #100  
Torrance, CA 90505  
Phone: 310-543-2611  
Fax: 310-543-2056

## Orthopedic Surgery

NOTE: All referrals to  
orthopedic surgery must be  
approved by the Torrance  
Memorial IPA Utilization  
Management Department

### Hand Surgery

**Anthony K. Ahn, MD**  
1200 Rosecrans Ave., # 202  
Manhattan Beach, CA 90266  
Phone: 310-356-9898  
Fax: 310-499-9251

### Orthopedic Surgical Specialists

**Juan Frisancho, MD**  
**Peter Lorman, MD**  
**Akshay Mehta, MD**  
23600 Telo Ave., #180  
Torrance, CA 90505  
Phone: 310-257-1500  
Fax: 310-257-1508

**Torrance Memorial  
Physician Network,  
Orthopedic and  
Spine Center**  
**John P. Andrawis, MD**  
**Jason A. Davis, MD**  
**Christopher Hoshino, MD**  
**Andrew Lim, MD**  
**Stephen Nuccion, MD**  
**Randolph O'Hara, MD**  
**Don Sanders, MD**  
**Donald Striplin, MD**  
**Keri Reese Zikuhr, MD**  
**Daniel Zinar, MD**

23550 Hawthorne Blvd., #120  
Torrance, CA 90505  
Phone: 310-517-1216

23560 Crenshaw Blvd., #102  
Torrance, CA 90505  
Phone: 310-784-2355

705 Pier Ave., #B  
Hermosa Beach, CA 90254  
Phone: 310-784-2355

## Otolaryngology (ENT)

**Torrance Memorial  
Physician Network, ENT**

**Alex Gertel, MD**  
**David Kim, MD**  
**Marissa Schwartz, MD**  
23550 Hawthorne Blvd #125  
Torrance, CA 90505  
Phone: 310-891-6733  
Fax: 310-517-1348 23550  
Hawthorne Blvd., #125  
Torrance, CA 90505  
Phone: 310-891-6733  
Fax: 310-517-1348  
**Srinivas Yanamadala, MD**  
**Yuan Liu, MD**  
2841 Lomita Blvd. #200A  
Torrance, CA 90505  
Phone: 310-891-6733  
Fax: 310-517-1348

## Pain Management

**Georges El Khoury, MD**  
2650 Elm Ave., #218  
Long Beach, CA 90806  
Phone: 562-424-2900  
Fax: 562-424-3200

**Pacific Pain &  
Wellness Group**  
**Kartik Ananth, MD**  
**Gelareh Solomon, PHD**  
**Annie Nardella, MFT**

23150 Crenshaw Blvd., #100  
Torrance, CA 90505  
Phone: 310-437-7399  
Fax: 310-437-7398

**Kartik Ananth, MD**  
2809 N. Sepulveda Blvd #C  
Manhattan Beach, CA 90266  
Phone: 424-218-6073

**Isaac Jenabi, MD**  
23550 Hawthorne Blvd  
#120  
Torrance, CA 90505  
Phone: 310-891-6795  
Fax: 323-300-5505

**Bao Nguyen, MD**  
**Matthew R. Robinson, DO**  
1200 Rosecrans Ave., # 202  
Manhattan Beach, CA 90266  
Phone: 949-990-3676  
Fax: 888-618-2660

555 Pier Ave., # 1  
Hermosa Beach, CA 90254  
Phone: 424-488-0500  
Fax: 424-488-0498

**Joseph C. Peck, MD**  
1200 Rosecrans Ave. # 202  
Manhattan Beach, CA 90266  
310-618-9922  
Fax: 888-618-2660

**Fabian Proaño, MD**  
3655 Lomita Blvd., #206  
Torrance, CA. 90505  
Phone: 310-791-4980  
Fax: 310-791-4989

**Sina Samie, MD**  
23550 Hawthorne Blvd., #120  
Torrance, CA 90505  
Phone: 310-891-6795  
Fax: 323-300-5505  
*Not Accepting New Patients*

## Physical Medicine and Rehabilitation

---

**Sherry Ellen Sonka, MD**  
21151 S. Western Ave.  
#135M  
Torrance, CA 90501  
Phone: 310-386-2305  
Fax: 310-544-4640

## Torrance Memorial Outpatient Rehabilitation Department

3330 Lomita Blvd.  
Torrance CA 90505  
Phone: 310-517-4735  
Fax: 310-784-4978

## Plastic Surgery

---

**John K. McKissock, MD**  
3440 Lomita Blvd., #150  
Torrance, CA 90505  
Phone: 310-257-9425  
Fax: 310-530-2146

## Association of South Bay Plastic Surgeons Medical Group

**Whitney Burrell, MD**  
**Lisa L. Jewell, MD**  
**Ni-Jui Liang, MD**  
**Michael Newman, MD**  
**Juan Luis Rendon, MD**  
3640 Lomita Blvd., #306  
Torrance, CA 90505  
Phone: 310-784-0644  
Fax: 310-784-0544

## Podiatry

---

\*Self-referral for adults  
\*\* Scan members require prior authorization.

**Robert Anavian, DPM**  
3440 Lomita Blvd., #137  
Torrance, CA 90505  
Phone: 310-793-1158  
Fax: 310-793-1161

**Phillip E. Darragh, DPM**  
2850 Artesia Blvd., #204  
Redondo Beach, CA 90278  
Phone: 310-370-1980  
Fax: 424-378-1207

3440 Lomita Blvd., #137  
Torrance, CA 90505  
Phone: 310-370-1980  
Fax: 424-378-1207

## Pulmonology

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\*Self-referral for adults

*NOTE:* For children, see also Pediatric Pulmonology

**Jamie M. Kagihara, MD**  
2841 Lomita Blvd #235  
Torrance, CA 90505  
Phone: 310-517-8950  
Fax: 310-326-6054

2110 E. El Segundo Blvd., #230  
El Segundo, CA 90245  
Phone: 310-257-5741  
Fax: 310-909-7315

## Torrance Memorial Physician Network – Pulmonary and Sleep

**John Abe, MD**  
**Khalid M. Eltawil, MD\*\***  
**Richard Huynh, MD**  
**Mladen A. Rasic, MD\*\***  
**Deren Sinkowitz, MD**  
*Torrance Memorial Specialty Center*  
2841 Lomita Blvd., #235  
Torrance, CA 90505  
Phone: 310-517-8950  
Fax: 310-326-6054  
\*\* Sleep Medicine Specialist

## Rheumatology

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### Arthritis Treatment Center

**Bett Eng, MD**  
**David Klashman, MD**  
**Sheherbano Mehdi, MD**  
23441 Madison St., #340  
Torrance, CA 90505  
Phone: 310-373-0340  
Fax: 310-373-7142  
*Accepting patients age 18 and over only*

**Benedict Chou, MD**  
2110 E. El Segundo Blvd., #230  
El Segundo, CA 90245  
Phone: 310-257-5741  
Fax: 310-909-7315  
*Accepting patients age 18 and over only*

**Dilrukshie Cooray, MD**  
**Joe Gamboa, MD**  
3701 Skypark Dr., #100  
Torrance, CA 90505  
Phone: 310-257-7297  
Fax: 310-257-5727  
*Accepting patients age 18 and over only*

## Urology

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\*Self-referral for adults, consults and routine preventive services

**South Bay Urology Medical Group**  
**Timothy Lesser, MD**  
**Shelby Morrisroe, MD**  
20911 Earl St., #140  
Torrance, CA 90503  
Phone: 310-542-0199  
Fax: 310-542-4652  
*Accepting new patients*

## Urology Institute of the South Bay

**Kambiz Dardashti, MD**  
**Lawrence Flechner, MD**  
23600 Telo Ave., #220  
Torrance, CA 90505  
Phone: 310-534-8400  
Fax: 310-534-0463

## Urology Specialty Group

**Alec Koo, MD**  
**Royal Park, MD**  
23600 Telo Ave., #220  
Torrance, CA 90505  
Phone: 310-602-5005  
Fax: 310-373-7898  
*Accepting patients age 2 and over only*

## Vascular Surgery

---

### Association of South Bay Surgeons

**Riad Adoumie, MD**  
**Roman Litwinski, MD**  
23451 Madison St., #340  
Torrance, CA 90505  
Phone: 310-373-6864  
Fax: 310-373-9547  
**Amir Kaviani, MD**  
**Houman Saedi, MD**  
23560 Madison St. #110  
Torrance, CA 90505  
Phone: 310-373-6864  
Fax: 310-602-3895  
*Accepting patients age 18 and over only*



## Pediatric Allergy Immunology

---

### Omar Yamak, MD

2701 Atlantic Ave.,  
Long Beach, CA 90806  
Phone: 714-377-6993

3640 Lomita Blvd.#102  
Torrance, CA 90505  
Phone: 714-377-6993  
Fax: 562-249-9808

## Pediatric Cardiology

---

### Ruey-Kang Chang, MD

*Harbor-UCLA Medical Foundation, Inc.*

21840 S. Normandie Ave., #1100  
Torrance, CA 90502  
Phone: 424-306-7611  
Fax: 310-781-9352

### Pacific Cardiovascular Associates

#### Christopher Tan, MD

3400 Lomita Blvd., #500  
Torrance, CA 90505  
Phone: 877-430-7337  
Fax: 877-430-7376

790 E. Willow Ave., #150  
Long Beach, CA 90806  
Phone: 877-430-7337  
Fax: 877-430-7376

#### Yuliya Turiy, MD

790 E. Willow Ave., #150  
Long Beach, CA 90806  
Phone: 877-430-7337  
Fax: 877-430-7376

## Pediatric Craniofacial

---

### California Sleep Neurology Organization for Wellness, MCSG

#### Monika Mathur, MD

2651 Elm Ave., #205  
Long Beach, CA 90806  
Phone: 562-728-5034  
Fax: 562-728-5051

## Pediatric Developmental Medicine

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### Pediatric Sleep Adoption and Developmental Clinic, MCSG

#### Gary Feldman, MD

2650 Elm Ave., #301  
Long Beach, CA 90806  
Phone: 562-728-5034  
Fax: 562-490-9413

## Pediatric Endocrinology

---

### Mario Brakin, MD

2650 Elm Ave., #210  
Long Beach, CA 90806  
Phone: 562-595-0166  
Fax: 562-595-6714

### Ajanta Naidu, MD

3640 Lomita Blvd., #305  
Torrance, CA 90505  
Phone: 310-373-0250  
Fax: 310-373-0256

### Pediatric Endocrinology Associates, MCSG

#### Pablito Nagpala, MD

2650 Elm Ave., #210  
Long Beach, CA 90806  
Phone: 562-595-0166  
Fax: 562-595-6714

## Pediatric Gastroenterology

---

### Leon Chen, MD

2701 Atlantic Ave.  
Long Beach, CA 90806  
Phone: 714-377-6993  
Fax 562-247-9808

### Children's Gastroenterology, MCSG

Stephanie Abrams, MD  
Sonia Michail, MD

#### Roy Nattiv, MD

Sarah Sela-Herman, MD  
1760 Termino Ave., #300  
Long Beach, CA 90804  
Phone: 562-933-6900  
Fax: 562-933-8557

### Pediatric Gastroenterology Associates of Southern California, MCSG

#### Anjali Kumar, MD

#### Barry Steinmetz, MD

1760 Termino Ave., #300  
Long Beach, CA 90804  
Phone: 562-933-6900  
Fax: 562-933-8557

#### Torrance Location

3640 Lomita Blvd., #102  
Torrance, CA 90505  
Phone: 562-933-6900  
Fax: 562-933-8557

#### Mini Mehra, MD

2701 Atlantic Ave.,  
Long Beach, CA 90806  
Phone: 714-377-6993  
Fax: 562-933-8557

3640 Lomita Blvd., #102  
Torrance, CA 90505  
Phone: 714-377-6993  
Fax: 562-933-8557

#### Robert Tran, MD

2701 Atlantic Ave,  
Long Beach, CA 90806  
Phone: 562-933-3009  
Fax: 562-933-8557

## Pediatric/Adolescent Hematology/Oncology

---

### Ramesh Patel, MD

2653 Elm Ave., #200  
Long Beach, CA 90806  
Phone: 562-728-5000  
Fax: 562-933-1814

## Pediatric Infectious Diseases

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*NOTE: Please submit referral to Torrance Memorial IPA Utilization Management Department*

### Pediatric Infectology Group, MCSG

#### Jagmohan Batra, MD

#### Tempe K. Chen, MD

#### David Michalik, DO

2865 Atlantic Ave., #152  
Long Beach, CA 90806  
Phone: 562-933-8590  
Fax: 562-933-8093

### PID Associates Medical Group, MCSG

#### Audra Deveikis, MD

2865 Atlantic Ave., #152  
Long Beach, CA 90806  
Phone: 562-933-8590  
Fax: 562-933-8093

## Pediatric Nephrology

---

### Deepak Rajpoot, MD

2701 Atlantic Ave.,  
Long Beach, CA 90806  
Phone: 714-377-6993

3640 Lomita Blvd., #102  
Torrance, CA 90505  
Phone: 562-933-6730



# Pediatric Specialists

## Pediatric Neurology

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*NOTE:* Please submit referral to Torrance Memorial IPA Utilization Management Department

### Adult & Child Neurology Medical Associates, MCSG

**Nicole Cobo, MD**  
**Jasmin Dao, MD**  
**Mary Kay Dyes, MD**  
**Thanh Le, MD**  
2880 Atlantic Ave., #260  
Long Beach, CA 90806  
Phone: 562-490-3580  
Fax: 562-490-3584

**Mary Kay Dyes, MD**  
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**Long Beach Neurological Medical Group, MCSG**  
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2701 Atlantic Ave  
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3640 Lomita Blvd., #102  
Torrance, CA 90505  
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Fax: 562-933-6743

2880 Atlantic Ave., #260  
Long Beach, CA 90806  
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Fax: 562-490-3584

## Pediatric Ophthalmology

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*NOTE:* Please submit referral to Torrance Memorial IPA Utilization Management Department

### Family Eye Medical Group

**Robert Clark, MD**  
4401 Atlantic Ave #410  
Long Beach, CA 90809  
Phone: 562-426-3925  
Fax: 562-595-7639

**Veronique Jotterand, MD**  
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Fax: 562-426-7394

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Torrance, CA 90505  
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Fax: 310-626-8058

**Harshad Patel, MD**  
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Long Beach, CA 90807  
Phone: 562-988-2020  
Fax: 562-426-7394

## Pediatric Orthopedic Surgery

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*NOTE:* Please submit referral to Torrance Memorial IPA Utilization Management Department

### Tichenor Lowman Memorial Medical Group, MCSG

*Long Beach location:*  
**Emory C. Chang, MD**  
**Torin J. Cunningham, MD**  
*(Specializes in back problems)*  
**Kenneth Huh, MD**  
**Amy Williams, MD**  
1760 Termino Ave., #308  
Long Beach, CA 90804  
Phone: 562-933-0249  
Fax: 562-933-3747

**F. John Hajaliloo, MD**  
2840 Long Beach Blvd., #440  
Long Beach, CA 90806  
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Fax: 562-490-0434

23600 Telo Ave., #180  
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Phone: 310-257-1500  
Fax: 310-257-1508

2701 Atlantic Ave.,  
Long Beach, CA 90806  
Phone: 562-933-0249  
Fax: 562-933-3747

## Pediatric Otolaryngology

---

### Southern California Ear, Nose, and Throat

**Ayal Willner, MD**  
**Namrata Varma, DO**  
**Nina Yoshpe, MD**  
433 E. Wardlow Road  
Long Beach, CA 90807  
Phone: 562-427-0550

**Marissa Schwartz, MD**  
23550 Hawthorne Blvd #125  
Torrance, CA 90505  
Phone: 310-891-6733  
Fax: 310-517-1348

## Pediatric Physiatry

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**Kimberly BeDell, MD**  
2801 Atlantic Ave.  
Long Beach, CA 90806  
Phone: 562-933-8832

## Pediatric Psychiatry

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**A. Paul Kurkjian, MD**  
2701 Atlantic Ave., # C  
Long Beach, CA 90806  
Phone: 562-933-8590

## Pediatric Pulmonology

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*NOTE:* Please submit referral to Torrance Memorial IPA Utilization Management Department

### Pediatric Pulmonary Associates, Inc.

**Elizabeth Foley, MD**  
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Phone: 714-377-6993

**Lida Mohtasham, MD**  
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Fax: 562-933-8744

**Inderpal Randhawa, MD**  
2801 Atlantic Ave.  
Long Beach, CA 90806  
Phone: 562-933-8567  
Fax: 562-933-8501  
*Referrals*  
Fax: 562-933-8744  
*Administrative*

**Dibanni Vasquez, MD**  
2701 Atlantic Ave.  
Long Beach, CA 90806  
Phone: 714-377-6993

3640 Lomita Blvd., #102  
Torrance, CA 90505  
Phone: 714-377-6993  
Fax: 562-247-9808

## Pediatric Surgery

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*NOTE:* Please submit referral to Torrance Memorial IPA Utilization Management Department

## Pediatric Urology

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**Coast Urological Medical Group**  
**Michael Norris, MD**  
3771 Katella Ave., #210  
Los Alamitos, CA 90720  
Phone: 562-430-0581  
Fax: 562-598-2110

### Breast Diagnostic

---

#### **Torrance Memorial Medical Center – Breast Diagnostic Centers**

3275 Skypark Dr., # A  
Torrance, CA 90505  
Phone: 310-517-4709  
Fax: 310-784-6377

824 E. Carson St., #208  
Carson, CA 90745  
Phone: 310-233-3230  
Fax: 310-233-3233

855 Manhattan Beach Blvd., #208  
Manhattan Beach, CA 90266  
Phone: 310-939-7864  
Fax: 310-939-7865

65 Peninsula Center  
Rolling Hills Estates, CA 90274  
Phone: 310-891-6630  
Fax: 310-377-9141

### Family Planning

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#### **Family Planning Associates**

3655 Lomita Blvd., #400  
Torrance, CA 90505  
Phone: 310-373-1042  
Fax: 310-378-4916

2777 Long Beach Blvd., #200  
Long Beach, CA 90806  
Phone: 562-595-5653  
Fax: 562-595-4247

### Laboratory

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#### **Quest Diagnostics**

Client Services:  
866-697-8378  
Courier/STAT:  
866-697-8378

3500 Lomita Blvd., #104  
Torrance, CA 90505  
Phone: 310-326-2241  
Fax: 310-539-8491  
Mon – Fri: 8 am – 4 pm

23441 Madison St., #300  
Torrance, CA 90505  
Phone: 310-378-0642  
Fax: 310-378-0694  
Mon – Fri: 7 am – 5 pm  
Sat: 8 am – Noon  
*Drug Screen*  
Mon – Fri: 10 am – 3 pm  
Additional staff available

4201 Torrance Blvd., #300  
Torrance, CA 90503  
Phone: 310-944-9128  
Fax: 310-944-9158  
Mon – Thurs: 8 am – 1 pm,  
2 – 5 pm  
Fri: 8 am – 1 pm

4477 W. 118<sup>th</sup> St., #102  
Hawthorne, CA 90250  
Phone: 310-349-0214  
Fax: 310-349-0341  
Mon – Fri: 8 am – 12:30 pm,  
1:30 – 4:30 pm

323 N. Prairie Ave., #117  
Inglewood, CA 90301  
Phone: 310-674-8277  
Fax: 310-677-3671  
Mon – Fri: 7:30 am – 4:30 pm

1043 Elm Ave., #410  
Long Beach, CA 90813  
Phone: 562-435-1563  
Fax: 562-435-1642  
Mon – Fri: 7:30 am – Noon,  
1 – 4 pm

5830 Downey Ave.  
Long Beach, CA 90805  
Phone: 562-633-6533  
Fax: 562-633-6407  
Mon, Tues, Thurs, Fri:  
7:30 am – 5 pm  
Wed: 7:30 am – 4:30 pm  
Sat: 8 am – Noon

3816 Woodruff Ave., #306  
Long Beach, CA 90808  
Phone: 562-377-1344  
Fax: 562-377-1354  
Mon – Fri: 7 am – Noon,  
1 – 3:30 pm

2888 Atlantic Ave., #270  
Long Beach, CA 90806  
Mon – Fri: 7:30 am – 4:30 pm

520 N. Prospect Ave., #305  
Redondo Beach, CA 90277  
Phone: 310-376-4830  
Fax: 310-376-1902  
Mon – Fri: 8 am – 12:30 pm,  
1:30 – 4 pm  
*Drug Screen*  
Mon – Fri: 10 am – Noon

1294 W. 6<sup>th</sup> St., #206  
San Pedro, CA 90731  
Phone: 310-547-3662  
Fax: 310-547-3891  
Mon – Fri: 8 am – Noon,  
1 pm – 4 pm  
*Drug Screen*  
Mon – Fri: 10 am – Noon,  
1 – 3 pm

To find the nearest  
Quest Diagnostics patient  
service center by zip code:  
[QuestDiagnostics.com](http://QuestDiagnostics.com)

### Physical Therapy

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#### **Torrance Memorial Physical Therapy**

3330 Lomita Blvd.  
Torrance, CA 90505  
Phone: 310-517-4735  
Fax: 310-784-4978

### Radiology

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#### **Torrance Memorial Medical Center – Radiology Department**

3330 Lomita Blvd.  
Torrance, CA 90505  
Phone: 310-325-9110,  
ext. 2075  
Fax: 310-784-4805  
MRI: 310-517-4738

# A-Z Index

## A

Abe, John, MD	26
Abelson, Zachary, MD	24
Abrams, Stephanie, MD	27
Addes, Irina, MD	21
Adoumie, Riad, MD	26
Adult & Child Neurology Medical Associates MCSG	27
Afonicheva, Ludmila W., MD	10
Aghel, Arash, MD	21
Agrawal, Sushila, MD	10
Aguinaldo, Estrella A., MD	5
Ahn, Anthony K, MD	24
Ahmed, Khaja R., MD	10, 23
Aiyegbusi, Modupe A., MD	10
Alexander-Spencer, Nicole, MD	10
Ali-Jones, Rashaan, MD	22
Alvarado, Jason, MD	5
Amin, Marli Amondson, MD	23
An, Frank, MD	9
Ananth, Kartik MD	21, 25
Anavian, Robert, DPM	26
Andrade, Kristin, MD	19
Andrawis, John P., MD	25
Añorga, Alina, LCSW	21
Arthritis Treatment Center	26
Association of South Bay Surgeons	22, 26
Association of South Bay Plastic Surgeons Medical Group	26
Atamdede, Fikret, MD	22
Averill, William K., MD	21
Azam, Salman, MD	21

## B

Bahna, Soubhi, MD	22
Banka, Gaurav, MD	21
Bastanmehr, Hiva, MD	9
Batra, Jagmohan, MD	27
Bauer, Brenton, MD	21
BeDell, Kimberly, MD	28
Berger J., Joshua, MD	23
Bhayani, Neil H., MD	22
Blumenstrauch, Roy, MD	22
Bozorgnia, Leila MD	19
Brakin, Mario, MD	27
Breast Diagnostic Centers Torrance Memorial Medical Center	29
Breithaupt, Andrew, MD	22
Brown, Paul J., MD	11

Brown, Sandra, MD	21
Brown, Tashlee PhD	21
Browne, Derek DO	11
Bruce, Sheryl, MD	25
Brucker, Richard, MD	19
Bruzzo, Cristine, PsyD	21
Bruzzo, Daniel E., PsyD	21
Burrell, Whitney, MD	26
Buttig, Richard M., MD	11
Buttan, Anshu, MD	22

## C

Cabrera, Richard F., MD	19
Cader, Rumi, MD	6
California Skin Institute	22
California Sleep Neurology Organization for Wellness, MCSG	27
Cancer Care Associates	23
Cam, Vinh T., MD	23
Camel, James E., MD	22
Camouse, Melissa DO	22
Cardiothoracic Surgery Group	22
Carson & Boswell, Inc., South Coast Retina Center	25
Castleman, Eric, MD	21
Cesar, Harold P., MD	21
Chan, David, MD	22
Chan, Kenneth, MD	22
Chang, Emory C., MD	28
Chang, Rex, MD	6
Chang, Ruey-Kang, MD	27
Chen, Anthony J., MD	11
Chen, Audrey, MD	21
Chen, Leon., MD	27
Chen, Tempe K., MD	27
Chhabra, Ankush, MD	21
Chiang, Dean T., MD	21
Children's Gastroenterology MCSG	27
Children's Medial Group	19
Cho, Daniel, MD	22
Chohan, Hardeep, MD	8
Choi, Lauren E., MD	22
Choi. Yun Jeong, LAc	21
Chou, Benedict, MD	26
Choudhury, Zareen S., MD	11
Chung, Phillip, MD	23
Clark, Robert, MD	28
Clear Dermatology	22
Coast Urological Medical Group	28
Cobo, Nicole, MD	28
Cohen, Jerome, MD	22
Cooray, Dilrukshie, MD	26

COR Healthcare Medical Associates	21
Coye, Jisue Kim, MD	19
CSI Medical Group	22
Cummings, Dean H., DC	22
Cunningham, Torin J., MD	28

## D

Dao, Jasmine, MD	28
Dardashti, Kambiz, MD	26
Darragh, Phillip E., DPM	26
Davis, Jason A., MD	25
Davoudian, Sohail, MD	9
De La Serna, Francisco, MFT	21
Deveikis, Audra, MD	27
Dickey, Vanessa, MD	23
Diego-Malit, Alice, MD	19
Dix, Karen T., MD	8
Djapri, Christine, MD	24
Douglass, Julie A., MD	19
Duong, Isabel, OD	25
Dyes, Mary Kay, MD	28

## E

Edelman, David, MD	23
El Houry, Georges, MD	25
Elgharib, Soha, MD	24
Ellis, W. Alexander, MD	6
Eltawil, Khalid M., MD	26
Eng, Bett, MD	26
Enriquez, Eric A., MD	7

## F

Family Eye Medical Group	28
Family Planning Associates	29
Feldman, Gary, MD	27
Feng. Wenq, MD	21
Fernandez, Raquel, MD	19
Flechner, Lawrence, MD	26
Flores, Erica, DO	24
Fluellen, Sunetris, MD	24
Foley, Elizabeth, MD	28
Follmar III, Kenneth E., MD	19
Friedlander, Melanie, MD	22
Frisancho, Juan, MD	25

## G

Gamboa, Joe, MD	26
Geering-Fend, Deborah, OD	25
Gelbart, Jamie, MFT	21
Gertel, Alex MD	25
Ghanian, Reza, MD	5
Gluckman, Richard S., MD	23
Goldberg, Damien F., MD	25
Gossette, Carmen N., MD	5
Gutierrez, Elaine, MD	19

## H

Hajaliloo, F. John, MD	28
Hamilton, Erin, MD	19
Han, Yong S., MD	25
Hanna, George, MD	23
Hanna, Hanaa, MD	19
Harbor-UCLA Medical Foundation, Inc.	27
Hardin, Eugene, MD	5
Hawkins, Gene L., MD	8
Harvey, Daniel E., MD	5
Healy, Michael MD	21
Hebbar, Sunil, MD	7
Henry, Katherine, MD	19
Hernandez, Vanessa, MD	21
Herzlich, Aviv, MD	24
Ho, Bensen F., MFT	21
Homan, Siman, MD	17
Hool, Hugo, MD	23
Hool, Kalpana, MD	10
Horodner, Andrew G., MD	23
Hoshino, Christopher, MD	25
Hosseini, Robert B., MD	9
Huang, Monquen, MD	23
Huete, Ricardo E., MD	24
Huh, Kenneth, MD	28
Huynh, Richard, MD	26

## I

Internal Medicine & Nephrology Medical Group	23
Innovative Infertility Group	23

## J

Jackson, Bruce, MD	22
Curran, Nadia Jafar, MD	22
Jenabi, Isaac, MD	25
Jewell, Lisa L., MD	26
Ji, Sang Yong, MD	22
Jilani, Syed, MD	23
Jones, Elaine K., MD	8
Joshi, Sushan, MD	11
Jotterand, Veronique, MD	28
Juarez, Angelica MD	19

## K

Kanamori, Sara, MD	11
Kagihara, Jamie M., MD	26
Kaspian, Susan, OD	25
Kapur, Kevin, MD	25
Kaviani, Amir, MD	26
Ke, Malcolm MD	22
Kedia, Mridula, MD	19
Key, Justin, MD	21
Khaleeli, Emad, MD	22
Khan, Hameed A., MD	11
Khan, Khalid B., MD	7
Khan, Maliha, MD	7
Khan, Omer, MD	23
Khan, Sadia, MD	12
Khorram, Omid, MD	23
Khoubian, F. Jacob, MD	25
Kim, Cho Rok, MD	12
Kim, David, MD	25
Kim, Gene, MD	22
Kim, Jeffrey, MD	23
Lydia Kim, MD	22
Kim, Philip, MD	12
Kimball, Savannah, MD	24
Klashman, David, MD	26
Ko, Justin, DO	12
Koller, David, MD	22
Koo, Alec, MD	26
Kosar, Erol, MD	22
Krieger, Lori R., MD	19
Kumar, Anjuli, MD	27
Kumar, Arjun, MD	21
Kurkjian, A. Paul, MD	28
Kwiatkouski, Anahid J., DO	12
Kwan, Julia, MD	22
Kwan, Wilson, MD	22

## L

Lai, Nam, MD	12
Lam, Albert, MD	22
Landaeta, Lorena Layrisse, MD	10
Lawson, Catherine, MD	12
Le, Hoangvy, MD	6
Le, Thanh, MD	28
Lee, Barbara, MD	19
Lee, Jeannie, MD	23
Lee, Nicole D., MD	7
Lee, Tonny, MD	22
Lesser, Timothy, MD	26
Li, J. Raymond, MD	12
Li, Michael, MD	21
Liang, Ni-Jui, MD	26
Lim, Andrew, MD	25
Lin, Shintau, MD	6
Lin, Thomas, MD	13
Litwinski, Roman, MD	22, 26
Liu, Annette, MD	19
Liu, Yuan MD	25
Ljubimov, Vladimir MD	23
Lo, Betty, MD	13
Long Beach Neurological Medical Group MCSG	28
Lorman, Peter, MD	25
Lowe, Thomas E., MD	23
Lozano, Valentina, MD	25
Lubens, Perry, MD	28

## M

Madani, Mahsa, MD	8
Madani, Mona, MD	6
Madorin, Catherine, MD	22
Magella Medical Group, Inc.	23
Mahmud, Sarwat, MD	13
Mamita, Marcil M., MD	13
Mansuri, Soohan MD	13
Marshall, Freya, MD	24
Marzban, Stephen, MD	10
Masuda, Eriko, MD	23
Matchison, James, MD	21
Mathur, Monika, MD	27
Matkovich, Lydia, MD	25, 28
McKindsey, Frances MD	24
McKissock, John K., MD	26
Mehdi, Sheherbano, MD	26
Mehra, Mini, MD	27
Mehta, Akshay, MD	25
Mejia, Matthew, MD	6
Mendoza, Astrid, DO	24
Metry, Adel S., MD	8

# A-Z Index

Michail, Sonia, MD	27
Michalik, David, DO	27
Milefchik, Eric N., MD	23
Milefchik-Rand Medical Group	22
Miller, Teresa, MD	19
Mindpath Health	21
Mirhashemi, Ramin, MD	22
Moghadam, Nima MD	13
Mohamadi, Parivash, MD	13
Mori, Yusuke, LAC	21
Morrisroe, Shelby, MD	26
Mohtasham, Lida	28
Munsell, Melissa MD	22
Musngi, Edgar, MD	23
Muttalib, Azhar, MD	13
Muttalib, Rehan, MD	14

## N

Nageotte, Michael, MD	23
Naghi, Beni, MD	24
Nagpala, Pablito, MD	27
Naidu, Ajanta, MD	27
Nardella, Annie, MFT	21, 25
Nattiv, Roy, MD	26
Newman, Michael, MD	26
Nguyen, Bao	26
Nguyen, Hung P., MD	22
Nguyen, Lauren N., MD	19
Nguyen, Ly A., MD	19
Nguyen, Dennis, MD	22
Nguyen, Minh, MD	22
Noorian, Behzad, MD	14
Norris, Michael, MD	28
Novom, Andrew, MD	19
Nuccion, Stephen, MD	25

## O

O'Hara, Randolph, MD	25
Oakes, Megan, MD	24
Oberoi, Meena, MD	13
Oh, David, MD	14
Oh, Karen, DO	14
Orthopedic Surgical Specialists	25
Ortiz-Guerrero, Ana	23
Ostrom, Matthew, MD	22

## P

Pachtman, Allen, MD	14
Pacific Cardiovascular Associates	27
Pacific Coast Reproductive	23
Pacific Pain & Wellness Group	21, 25
Pan, Jie, MD, PhD	22
Park, Jennifer, MD	15
Park, Royal, MD	24
Patel, Harshad, MD	28
Patel, Ramesh, MD	27
Peck, Joseph C., MD	25
Pediatric Endocrinology Associates, MCSG	27
Pediatric Gastroenterology Associates of Southern California, MCSG	27
Pediatric Pulmonary Associates Inc.	28
Pediatric Sleep Adoption and Developmental Clinic, MCSG	27
Phan, T. Mai, MD	23
PID Associates Medical Group MCSG	27
Pivo, Sarah E. MD	22
Poblete, Jobert, MD	21
Proaño, Fabian, MD	25
Puri, Isabel, MD	21
Pyo, Grace DO	19

## Q

Quarry, Crystal PhD	21
Quest Diagnostics	29

## R

Raikhel, Marina, MD	9
Rajpoot, Deepak, MD	27
Ramirez-Chan, Kimberly, MD	19
Rand, David D., MD	23
Randhawa, Inderpal, MD	28
Rasic, Mladen A., MD	26
Raza, Meher, DO	24
Rendon, Juan Luis, MD	26
Reddy, Ram, MD	21
Regeneration Psychiatry	21
Rezaeian, Panteha, MD	14
Ro, Cynthia, MD	22

Robinson, Michael F., MD	9
Robinson, Matthew R., MD	25
Rodriguez-Ellis, Eva, MD	17
Rodriguez, Hilda Elena, MD	24
Rouhi, Neda B. MD	15
Rosenberg, Steven H., MD	24
Roxas-Buttig, Evangeline, MD	20

## S

Sabra, Stephanie, MD	21
Sachar, Vikas, MD	23
Saedi, Houman, MD	22, 26
Salem, Rifaat D., MD	23
Samie, Sina, MD	25
Sanders, Cheryl, MD	24
Sanders, Don, MD	25
Sarao, Norma M., MD	15
Sarkisova, Tatyana, MD	15
Sawelson, Steven, MD	23
Schulz, Barbara L., MD	24
Sela-Herman, Sarah, MD	27
Sergis, Laura, MD	17
Shakhbazova, Milena, MD	15
Shapiro, Leah, MD	6
Sharifi-Hannauer, Pantea, MD	28
Shenouda, Emile, MD	20
Sherman, Daniel, PhD	20
Shin, Peter B., MD	15
Shin, Won Seok, MD	15
Shin, Victoria Y., MD	22
Shiraz, Ahad, MD	9
Shoji, Elaine, MD	20
Siddiqui, Yusha I., MD	15
Siguenza Lizarde, Diana M., LCSW	21
Sikaria, Swati, MD	23
Silangcruz, Krixie, MD	5
Singer, Allan, MD	21
Singh, Deepjot, MD	24
Sinkowitz, Deren, MD	26
Siregar, Ronald, MD	5
Solomon, Houman, MD	21, 22
Solomon, Gelareh, PHD	21, 25
Sonka, Sherry Ellen, MD	26
South Bay Gastroenterology Medical Group	22
South Bay Urology Medical Group	26
Southern California Ear, Nose, and Throat	28
Steinmetz, Barry, MD	27

Stern, David, MD. ....	15
Stoneburner, John, MD .....	22
Striplin, Donald, MD. ....	25
Sung, Jonathan, MD .....	23
Schwartz, Marissa, MD. ....	25, 28
Sze, Gloria, MD. ....	22

## T

Takahashi, Aileen M., MD. ....	21, 22
Tamhane, Shrikant, DO. ....	8
Tan, Christopher, MD. ....	27
Tarpley, Joshua, MD. ....	9
Tarrant, Brittany, MD. ....	20
Taylor, Morgan, MD. ....	22
Tenenbaum, Rita, MD .....	20
Tichenor Lowman Memorial Medical Group MCSG. ....	28
Tiulim, Justin MD. ....	21
Tong, Anhtuan, MD .....	16
Torna, Alya MD .....	9
Torrance Memorial Medical Center – Radiology Department .....	29
Torrance Memorial Outpatient Rehabilitation Department. ....	26
Torrance Memorial Physical Therapy .....	29
Torrance Memorial Physician Network, ENT. ....	25
Torrance Memorial Physician Network – Neurology .....	23
Torrance Memorial Physician Network – Orthopedic and Spine Center. ....	25
Torrance Memorial Physician Network – Pulmonary & Sleep ..	26
Torrance Memorial Physician Network – South Bay Heart. ....	21
Tran, Aaron, MD .....	16
Tran, Quynh Chi Thuy MD .....	16
Tran, Robert, MD. ....	27
Tsai, Gary, MD. ....	16
Tsang, Wayne, MD. ....	23
Tseng, Ben, MD. ....	23
Tsuneishi, Chris M., MD .....	16
Turiy, Yuliya, MD. ....	27

## U

Urology Institute of the South Bay. ....	26
Urology Specialty Group .....	26
Ung, Cindy, MD. ....	24

## V

Vasiljevic-Abelson, Lana, MD .....	20
Varma, Namrata, DO. ....	28
Vasquez, Dibanni, MD. ....	28
Vollucci, Maria, DO. ....	16

## W

Wadhwa, Raju, MD .....	9
Weiss, David MD .....	16
Wilde, Cindy T., OD .....	25
Williams, Amy, MD .....	28
Willet, Thomas, MD. ....	21
Willner, Ayal, MD .....	28
Winston, Robert, MD. ....	21
Wolstan, Barry, MD. ....	25
Wolstan & Goldberg Eye Associates .....	25
Wyman, Ray Michael, MD .....	21

## Y

Yamak, Omar, MD .....	27
Yanamadala, Srinivas, MD. ....	25
Yang, Marcos Y. C., MD. ....	9
Yazdany, Mahdi, MD. ....	23
Yoshpe, Nina, MD. ....	28
Yu, Michael, MD .....	16
Yusung, Susy, MD .....	20

## Z

Zaidel, Oren, MD. ....	10
Zamora, Brandi M., MFT .....	21
Zelta, Natalie, MD. ....	7
Zikuhr, Keri Reese, MD. ....	25
Zinar, Daniel, MD .....	25
Ziba, Jalali, MD .....	22



# How to Select a Medicare Advantage Health Plan and Join Torrance Memorial IPA

## In four easy steps

### 1 Enroll in Medicare Parts A and B

If not enrolled already, call Social Security or go online to enroll at Medicare.gov. You will receive your Medicare card and your "Medicare & You" booklet in a few weeks.

### 2 Select a Medicare Advantage health plan

If you need help with this, call our resource center at 310-257-7239 to schedule a one-on-one with a health insurance advisor.

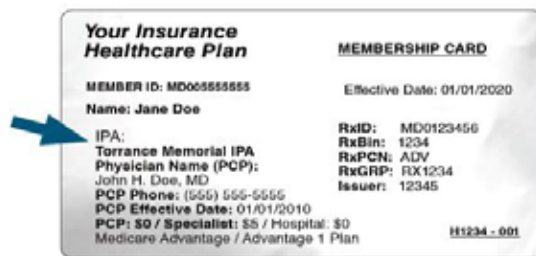
Attend a FREE Medicare 101 Educational Program. To make a reservation, call 310-257-7239 or visit [TorranceMemorialIPA.org/medicare101](http://TorranceMemorialIPA.org/medicare101).

### 3 Choose Torrance Memorial IPA as your medical group

When you choose a Medicare Advantage health plan, you should select a medical group. To select Torrance Memorial IPA as your medical group, you should select a primary care physician from the Torrance Memorial IPA network.

### 4 Look for your new insurance card

Make sure your information and your doctor's name is listed correctly and that it says "Torrance Memorial IPA" on your card. If this information is incorrect, call your insurance company and request that they correct the information. The Member Services' number can be found on the back of your insurance card.



# No Need to Wait for Open Enrollment!



## You can switch to Torrance Memorial IPA anytime!

If you are with a medical group or IPA other than Torrance Memorial IPA and would like to switch to Torrance Memorial IPA, you don't need to wait until annual open enrollment. You can make the switch anytime throughout the year.

Simply follow these steps:

### 1 Ensure your health plan and your primary care physician (PCP) are contracted with Torrance Memorial IPA

Not sure? Call Torrance Memorial IPA Resource Center at 310-257-7239 to confirm.

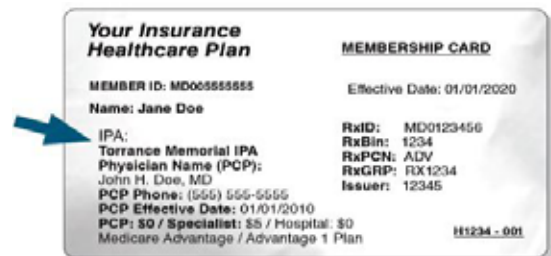
If your health plan or PCP are not contracted with Torrance Memorial IPA and you still want to join Torrance Memorial IPA, call the Torrance Memorial IPA Resource Center to get more help.

### 2 Contact your current health plan's member services

The number can be found on your medical insurance card. Tell them that you would like to join Torrance Memorial IPA and give them the name of your Torrance Memorial IPA primary care physician.

### 3 Look for your new medical insurance card

Make sure your information and your doctor's name is listed correctly and that it says "Torrance Memorial IPA" on your card. If this information is incorrect, call your insurance company again and repeat steps 2 and 3.



**Need help? Call Torrance Memorial IPA Resource Center**  
310-257-7239 | TTY 711 | [TorranceMemorialIPA.org/learnmore](https://TorranceMemorialIPA.org/learnmore)

# TORRANCE MEMORIAL IPA



Torrance Memorial IPA is a nonprofit multi-specialty physician network and a division of Torrance Memorial Health System. Torrance Memorial IPA has been serving the South Bay community for more than 35 years. Our members have access to high-quality and personalized care from over 500 primary care physicians and specialists as well as the nationally recognized Torrance Memorial Medical Center.

## Not a Member Yet?

310-257-7239 | [TorranceMemorialIPA.org/learnmore](https://TorranceMemorialIPA.org/learnmore)  
Torrance Memorial IPA members: 310-257-7250, option #1 | TTY: 711  
Monday through Friday, 8:30 am – 5 pm  
Torrance Memorial IPA Administrative Office: 310-257-7250  
[TorranceMemorialIPA.org](https://TorranceMemorialIPA.org)